

# EXPEDITION

A D V E N T U R E R



t r a n s m u t a t i o n . s e





The Expert is an idiot. (999 Hz - Angelic Realms)  
Because it means arrival.

No body, No mind, No soul. Will ever arrive anywhere.

If you decide to call someone a Guru is in relation to you. And that definition and statement is a form of gratitude for bringing you closer to your goal. So what is that?

Well..

The more technical your explanations become the further out in the periphery you are. Lost in space..

It's like you forgot your apartment and begin looking for it in other countries.

You search and search but it doesn't feel like home.. Anywhere.

You might think you've found your home in the jungle? In peace.. With the monk-eyes.

But your apartment is made in mostly concrete?

So maybe your home actually was in the jungle only in cement?

You see all exploration is about one thing and one thing only.

To feel at home wherever you are. To be @ peace..

Home is where the heart is.

To declare yourself as finished is forever a stagnation. And that is going against nature. Because everything is energy and energy is in constant motion. Electricity as we call it in various vibrations meaning frequencies is the motion. And that becomes: E-motion.

When there are contradictory emotions in relation to you feeling good about yourself and your life you should explore that. Not build a spaceship and look for it on Neptune. When you arrive there you'll still feel the same after the effect of interstellar travels has worn off.

Everything in life is about the inside out. Your life and everything in it is a perception. That perception is a reflection and a projection of your inner emotional world. That's why you cannot judge. A judgement is a slam-dunk of conviction. This means that you are absolutely sure. Which is never true. And this will cause

tension in your body which will prevent blood-flow and cause minerals to get stuck and eventually together with blood-clots you've got yourself inflamed. The cells work like crazy to try and heal this consequence and can do that perfectly if you begin to move. This is a combination of thoughts, feelings & physical movement.

A system contradictory to itself and natural survival instinct will self-destruct when ignored over time. And that is called a suicide.

That can happen fast or over the period of many years. It's destructive behavior nonetheless only like a big bang or a zip of poison each day.

What is the origin of this is all about subconscious convictions. An idea of many things that you can read all about here on the website. But what it mainly comes down to is feelings of being ungrateful for your own gift of life.

Some might say: I am grateful for my life I really am!

..But life is not theoretical. It's not about words. It's about energy.

Energy in motion. E-motion. Emotions..

So you have to feel it. And that is done inside your heart and not your mind.

Without any thought whatsoever..

We are creatures of habit and the subconscious convictions are emotional programming which makes us adaptable to a specific environment. That isn't a geographical environment. It's the emotional environment that your parents, relatives, friends, school etc communicate to you. Not by words.

But with emotion.

We are intuitive instruments of love. Only 5% (trusting the stats) is theory.

The rest is all emotion.

So without getting too deep because I've spent a great deal of effort in trying to present this on the actual website along with documents of a humane nature.

You have to return home..

And that is not done in a day. It's also not something you attain and keep.

It's something you cherish and take care of.. It's called love here on planet earth.

You are feminine and masculine both despite your physical gender.

You have a heart and emotions.. As a human being.

If you sit quietly and peacefully and begin to deny everything conceptual that you are you eventually come to the core. At the core there is no more theoretical explanations anymore yet.. Here you are.

Without a body.. Without a mind and without a name..

That is who you are. Soul

Free

A free soul

Can you feel inside your heart how good it feels to read that without any period at the end

It makes it easier to breathe doesn't it

Because it has no end

Just like you and your journey thru space and time

..Time doesn't exist.. and that is key in understanding arrival

What time did you get there?

What time do you treasure the most? The time of arrival or the time spent?

The journey or the destination?..

We always want more!

And when you seek that in the material you arrive all the time..

What you seek is to become more which is a paradox. Because you already are but your conviction which are your judgements are holding you back. Call them shame, guilt, worry, parents, upbringing, trauma..whatever.. I'm not being insensitive here I know you've been thru some challenging experiences..

But what that is.. is fear

Fear of trusting love.. Of trusting yourself and your own truth.. And that is what all exploration and the experiences are about. To rid yourself of resistance..



Something that wasn't true to begin with..

Can you see how difficult this becomes if your being disloyal, dishonest and a liar in relation to yourself?

A lie or anything you do cannot be done primarily in relation to anyone or anything else. That is secondary.

Explore that.

Explore in complete honesty what you can take responsibility for within you

And from there set yourself free

Eventually

Event horizon.. It's there and forever changing.. Just as you are..

You just need to get and stay humble..

Humble Grateful Loving Compassionate Accepting Freeing

It's all the same.. It's all about love

It's all love

I cannot give you anything you cannot give yourself..

Even if I give you all of this with insights from my explorations you still have to convert them inside you to match your experience

So you be the Guru or but don't call yourself that.. That is not humble

Calling yourself a Guru or Expert is synonymous to arrival

That's a big phat lie..

The truth shall set you free.. Seems simple enough doesn't it?

It is.. Very simple.. Life is simple, it's designed that way.. But we fight IT (the mind) so much that it manifests outside of us.. And kills.

*The warz of the world are inside yourself  
You gotta come correct and get of the shelf*

There isn't anything to achieve .. Just a beautiful world of love where you can contribute with whatever you want..

What you want is what you feel is right and in the line of your personal interest and passion

If you don't know that you are disconnected

From home..

Within yourself..

You only get one chance so you gotta take it..

Risk being uncomfortable for some time and get out there

It's the only way.. Almost.

You can always force yourself too. Which is wonderful isn't it?

Nah..

One step - Your arms are too short to box with God

B.I.B.L.E - Basic instructions before leaving 🌍

It's all good

Just don't get stuck in a paragraph.. Call them fancy things with ribbons and gold if you like..

It doesn't matter

What matters is your connection

A matter of the heart 💕

Become really good at relating to yourself and your own life

A relationship explorer and you will feel better and better until the end of your stay



Maybe then you won't have to come back and do it all over only harder because you behaved ungrateful the previous time? So thank God for being alive and receiving your next breath!

You'll never know what's gonna happen next..

Dream on..

Learn from the nightmares.. During the night and in broad day light..

They are lessons of core connection.. Always

Trust the journey and trust the source of love that only wants what is best for you

If you connect deeply with another human being? This can only get deeper..

As you and your friend evolve..

Maybe some day you'll kiss and have a family? Wouldn't that be wonderful! 💕

Imagine being a space traveling parent! How kool is that?

Yet still humble to understand 'Killah Priest'.

Or Betty Midler singin' 'The Rose' 🌹

/ Leo out of transmutation and out into the world, my next step baby

I truly madly deeply love you 💕 Kiss my shiny baldy head

**L'Oreal**

(All of this gave me a fever - That's natural as we release from tension)

*Riding myself of resistance to receive more love* 🌸

*I don't owe anything. But have everything thanks 2 God. Thank you God!  
I praise and celebrate the power of love which is in my around me and in everything  
that exists. I AM - 😇 Grateful for getting the chance to be an earth angel*