

Rational comedy:



2 Taken
far Man.



I will kill you
until you die
from it. Then
you will
understand.

It's a tough realization when the only option left is to die.

We cannot suffer our soul, our essence and our eternal being.

What we suffer is our personality and attachments that this identity holds.

Why we are haunted by what seems to be some dark energy within us whispering ways on how to commit suicide and that soon we oughta do it. Is all about our identity and the attachments of failure basically telling us that we indeed failed.

When the day becomes. When a new day is born it will fade from night to day. It doesn't just flick on like a lightbulb in a room. It's gradual. And eventually there is sunshine covering everything and the night is nowhere to be seen.

You could say that the day let go of the night.

Like the day where the skin of the night for comfort during the dark time but now sheds it to be authentic and free.

When you have reoccurring thoughts about dying, about giving up this human experience it's all about shedding skin, internally. What your system is telling you is that for you to become and to be who you want to be and live the way you want to live you must leave it all behind. You must let go of everything that defines and declares who you are as an identity. Because that is all a lie.

That is history. We are not yesterday. We are now.

You are not even your name. That was given to you and began to form an identity around it. But you existed and was a human being before that. You were a being. Not yet identified. This is the biggest challenge in life. Is to become who you feel you are.

When you play the role of somebody you feel isn't right, you live a lie. And that makes you feel very uncomfortable inside your own skin which makes you wanna shed.

When you take this literally the only option is to commit physical suicide. That will end all the suffering because you'll have no more connection to your identity but it will also end your human experience. And the pain you felt leading up to this decision is nowhere near! The pain felt by those still alive suffering your passing.

Your entire life & outside world is a reflection of your inside world.

And inside this world has been contradictions to what is loving and supporting in relation to yourself. Those contradictions makes you feel afraid, angry, sad, shameful, guilty & basically bullied.

All of this comes from external control. People and the world trying to control you to fall in line of what a balanced and harmonious human being is. Only the "authority", namely your parents and also school and others where actually not balanced and harmonious themselves. They actually wanted to be themselves also but fell in line to "behave" like a good human being.

Control comes from fear.

If somebody is very fearful and at the same time love you very much they will control you from a dangerous world.

You will not be able to be yourself and to relax as they will constantly remind you that the world is a dangerous place. This is a conviction you eventually inherit and make into your general state of being.

As you grow up having these feelings of fear will inhibit you from relaxing and being who you are. Your authentic self. The control previously executed from your caretakers of various forms now has become your own mind.

Your ego. Based in survival. Emphasized and elected the superior leader. From your caretakers, school etc, and now your own mind.

All is love.

The most dangerous thing for the mind is to let go of its constructs of how the world is and functions. Because it has so much invested in all of this which makes out reality as it is. But it's just a construct created to keep you safe and comfortable where you are. Preventing you from becoming.

So what is necessary?

What is necessary is not to lose your mind. But to free your mind from working out of fear and instead make it a servant of the heart.

Let go of your personality. Let it die.

You have to die to be born again. And this can happen without any physical interventions. It's all a concept. A construct and framework created in trying to make sense of everything you are in relation to.

What is fear? What is love? What is healthy? What is unhealthy?

The mind wants to help you and will always try to prove its point. So it will kill you in order to prove that it wants you to be free of identity. But it doesn't realize that this will end your human experience.

In the movie 'The Matrix' we follow Neo (meaning new) that meets Morpheus (God). Neo is presented with a choice to either start a relationship with God, the spiritual realm or to stay exclusively in the material world. When Neo accepts Morpheus offer (God) he immediately finds himself in a completely white are. That is awareness, soul, not identified and always free. In the spiritual realm there is a villain. Hi's name is Smith and he is all about domination & control. If he manages to kill Neo inside the spiritual realm Neo will die in the material as well.

This is a metaphor describing all of us fighting the mind. It will always be a constant fight where nobody wins. Even if Smith manages to kill you inside the spiritual realm he himself will die along with you in the physical. But doesn't realize that.

Smith is your rational mind without any emotional understanding. If you listen to the mind and it's judgemental attitude you will kill your spirit. When Smith wins (meaning you are totally rational, really irrational) you will commit suicide in the material as you kill your physical body. And by then, both will die.

This is also why people can torment and push others into committing suicide. Because they are extremely lacking in emotional understanding and the real consequences of this behavior. Just like one individual is within themselves. What you seek and what will change everything, is actually dying.

Dying to who you think you are. Dying to who you thought you was in order to be born again. You have to die to be born again. So you need to let go.

You need to let go of everything about yourself. And be born into everything you feel you are without judgement from yourself. The world will not accept this before you do. Maybe not even then. Because the world and everybody in it is very material. Only when we know spirit and our true self will we be able to start over.

When you shine the light you cover up the darkness. But the darkness is still there. When you turn off the light it's still there. We cannot smear white paint on a dark surface and state that we took care of it. We need to face it, scrape it off and let it go. And actually find the white canvas that was always there right behind it.

In this solar system we have opportunities helping us with this.

For instance if we are in a period of fewer hours of sunshine and also a lunar eclipse. This means that from the lack of light the more darkness will be dominant. This is an opportunity to really go deep and to meet the darkness within. The universe assists us in creating conditions that emphasize what needs to be understood. When we understand we forgive, when we forgive we let go.

When we've let go. We are free. It's like the universe helping you to die. Only to the lie and not to life. It pushes you towards the ledge only to find out that when you decide to fall, to let go. It was painted onto the ground in 3D. And you are and always was. Safe. There was nothing to fear except letting go of fear.