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Widess

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~~TRUG~~ LIFE

HOMEOSTAYSIS

Everything resolves itself from harmony.

Did you know that when the body is allowed to rest and only drink water for a certain period of time it heals itself. Why?

Because it doesn't have anything else to work on. So it can work on itself.

Just like your mind.

You could have the greatest employee in the world capable of doing incredible tasks!
But let's say your employee is your accountant.

Would it be equally great at performance if it was to sort your kids disputes and also take care of the neighbors tax return and perhaps solve world peace?

No.

It would have to focus on what it does best.
And in-between get some break time.

Maybe some dancing on a piece of cardboard in the streets?

Because if not. The circuits will blow.
And when they do. The cardboard will become a blanket.

The solutions you seek and try to figure out are already finished gifts, waiting for you to receive.
All you gotta do is to relax and become receptive.

We have to return to a state of harmony every once in a while.

To just be. To just feel.

Embrace the feminine energy inside you. Your internal soul sister.
Stay emotional. Don't harden like a gangsta homie.

Return home Romeo. And stay there during the day.
Home is where the heart is.

We are all sisters.
We are all feminine.

Some more than others.

Some women less than men.

Some men more than women.

Some gay, some not.

Some just like this sensory experience.
To feel for it. To actually experience.

/ Lars 'Who I am' Rosenblad