## A LITTLE BEHIND BAR(S)T



## LIE CARAMBA!

## !Getting Caught!

Oh you're in for a sentencing now! Better take a bow and say ciao ciao!

Our legal system is not forgiving.

And extremely unjust and honestly dysfunctional crap.

Whatever happens in relation to the crime committed is never any functional experience. But some have done seriously bad things and has to be locked away.

But that isn't really the case about you lying to somebody about something minor now is it? So what is minor?

Well I'd say that you did not create any major harm.

Ah ok! Well that's kool then.

How do you know?

Did you experience what you inflicted. Did you receive that in relation to your personal sensitivity?

You know somebody being thrown in jail for 5 years and somebody getting called a fat pig doesn't necessarily create a larger impact on the primary mentioned act.

We all experience differently in relation to sensitivity.

And that! Is what will be created. That is what you also will carry.

That's a energy exchange that you both deal with but in unfolding and developing.

If you've done something that is very destructive and cannot seem to be able to stop doing those things because it has become a behavior and desire you need to satisfy in order no numb that pain. You need help. If you wish to get rid of it.

Many people don't believe they want that. But everyone does.

Everyone is looking for freedom.

But they cling to the role of the perpetrator or the victim.

Condemning themselves to get attention.

Seeking it outside of themselves when they should answer in all honesty to themselves. They are also Soul, God.

That's where you get free and not convicted.

When you judge yourself for things you've done your mind is doing all of the punishment.

And when that happens a physical manifestation will eventually occur and you'll be taken care of the legal system.

Sometimes we can't remember what we've done.

But we know.

There is no memory loss.

It's all tension and the memories are stored in darkness as they will cause a lot of pain for you when you want to function in society. If you got them all at once you'd have a heart attack or a stroke.

But when you pray to God and ask to get rid of resistance, to drop what is no longer serving you it comes. Piece by piece. All in perfect order and all in perfect portions for you to be able to handle them.

But you still get the choice to stop at any time.

It's just that this process is now started and the pain will become more as you've opened Pandoras box.

When you ask to lose resistance and drop what is no longer serving you things will perceivably get worse. Yes..

I'm sorry but that's the way it is.

Why is because you can't drop emotions like a pair of earrings.

They have to be processed and understood.

So the will be magnified as you instructed your system to make you more aware of what's holding you back.

And then you deal with it.

How you deal with it will become more clear as you go.

It's all like riding a bike for the first time in the beginning. Everything in life is.

Until you deepen the relationship with yourself and understand, you.

And energy. And emotions. And thoughts. And physical pain.

You.

The other option is to have a mediocre experience with social glitchyness in low resolution as the tension and frustrations are still there.

You might wanna numb that from time to time as it comes to the surface letting you know you've got stuff to deal with.

Or you can take a shitty year. Which is afterwards a beautiful year because you've stood up for yourself and taken a shower in all temperatures liquid crystalline truth.

Metaphorically speaking.

But also symbolic and actually physical too.

The temperature of water brings out different things in us when we do that intentionally. So it actually helps a lot.

It's like music.

If you listen to 'A Pair Of Wings' with 'Justinas Timberlachas' while you punch a bag with a printout of your dads face on it, you don't understand vibration.

This is the same thing.

That's why we can reach clarity in cold water.

That's why deep deep emotions can come out in warm water.

You are like a dishrag.

A fresh new dishrag with flowers on it. Perhaps scented?

But you're full of shit now.

And that is a mixture of dirt and water.

The dirt is judgement and the water is tears of sorrow.

From betrayal.

Between you and you.

How could you do this to yourself. And also when you where younger, how could they've done what they've done against you.

Well..

Misunderstandings. Acts of frustration in reactive mode.

Nuclear reactor.

To much at the same time don't know how to handle this OMG it hurts WTF! Solve now! Feel bad!! OUCH!! DAMN IT! BLAUW!

That.

In every kind of experience.

It's a sick mind that does these things. In self sabotage to attenuate wrong doing in relation to love.

So you gotta be humble and say, I don't know what love is?

I have an idea?

But as soon as the love is gone. I panic!

That's not love.

Love is peace.

But if you've got a knife stabbed in your thigh you might forget about that as you've just won the lottery! 500.000 Zillion Dollars!

YEAHHH!!!! I forgot all about what?

That's a beer or a pill for anxiety.

It's all a matter of perspective.

And it's all a matter of escaping or facing.

Facing up to be condemned!!!

By yourself..

Show up for yourself.

And you young people out there who've only murdered 3-4 people?

Deal with it now.

Wait until you've massacred a whole city and geez that lottery better be a staggering sum to sooth that burn.

Or a 3000 liter pint with 96% alcohol or why not a pill the size of the moon?

Do what's right ok. Come clean. And keep clean. Don't lean. Stand straight. You iz watt youz ate.