



# FOLD UNDER PRESSURE

We fold under pressure. Why wouldn't we?

I can be a part of anything and contribute with seemingly endless amounts of energy if I feel that this is in the line of my hearts desire.

But if I don't want to I will close up. I will become tensed and refuse as I feel nothing but pressure. I will feel forced.

As an example I can be a volunteer helping others expand and gain insights to this human experience but if I make it into a business with specific goals tied to an outcome in relation to a deadline. I die.

Ironically pretty funny as that description states exactly that.

But there is no fun in pressure.

Fun is making things happen in a natural way meaning in the time it takes without forcing anything. And this is expansion 101.

What is needed is a change in perspective.  
From pressure to challenge.

And that is never in relation to a deadline. That will kill you.

Everything in life happens when we are ready for it.

And that I must say comes from realizing the benefit.

In order to do what we want we must see the benefits.

We must be able to see the future version of ourselves gone thru the challenges creating a more refined & authentic version. And that is not based in external achievements rather than personal development.

From personal development all external faculties comes along.  
So this truly depict the importance of creating from the inside out as the alternative will forever be a mask of external expectations.

I.E not authentic = Tremendous amounts of pressure = A.I

A robot can handle pressure. A human cannot.