

SUNSHITTY



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# A world full of Extra's

That aren't minty fresh

I watched 'The Truman Show' again. Pluto, Sirius, Fear?

'The Truman Show' or 'The True Human Show'? I feel like Truman as I walk the streets of my hometown. But home is where the heart is? This is a city of jealousy. That does not jiggle with me. Yell-Lousy! It's all fake. From the smiles to the greets. From the city officials to the streets. And it's a shame because it is a beautiful city. The city of sunshine it's called. The logo is made by some dude who used to make children's books. Yet they misunderstood the message. When I tell people about what I've created and how long I've worked on it they either just say 'OK!' But never ask where they can find all this. Or they say 'Wow I would like to be somebody that helps people!'. So it's either jealousy and doubt. Or it's Ego and self-absorption. But I know why this happens. This is God's plan. Because from God I get continuous support. This is designed for me to keep the faith. This is all for me to stand my ground and not give up. This is the gym of a million pounds created to make my mind, my heart & my body stronger. All of who I am. So why?

To make an impact.

To load up all the energy in order to nuke the shit out of everybody. Because this is the time when God has had enough. This is the time when the Ego has run out of options because we are one hair from killing the entire species. And the self-absorbed idiots can't see that. I talked to a gentleman in the museum park today. As I passed by I overheard some American election news that he consumed on his phone. His miniature laptop. I asked him about it and we talked for about 10 minutes or so. He was in totally congruent with everything I write about. He spoke of soul and of heart. He spoke of understanding being that of the heart and not the mind. When I told him about the website and that everything was free with these intentions of freedom and love. He did not write that down. He did not believe. He said I was a great person for doing what I do but he did not get inspired. What I do? Anyone can do. - In their own nuance.

That is your responsibility as you are visiting planet earth having a human experience. You don't have to impact internationally and globally or universally! But you gotta see a bigger picture than just yourself. You gotta be brave and stop being so passive in everything that's going on. The movie, 'The Truman Show' is all

about this. It's about uncovering the lies. It's about being an investigative reporter in relation to yourself. And that is all in order to make things right. You are the star of the show! You starr in your own life. Lead Role! Or you choose to be an extra?

You can pluck your eyebrows and smear on whatever? You can even spray on some eucalyptus perfume! But you still stink. What stinks is your fear. You reek of it...

All in the false conception carrying yourself as "somebody". That false idol that is that bartender at that cool bar. Or that sales lady working at that expensive sunglasses place. Nobody acknowledges and celebrates the guy who works for love. Because that becomes a demand. A demand on them. To be humble and grateful for having a life.

You feel as if you're less then. (Heart) - Emotion  
But still you're all of that? (Ego) - Thought

If you acknowledge whoever works for love? You must become true yourself.

That's the bottom line which isn't the bottom. It's equanimity. It's balance. Can you see how the world is in debit because of the Ego? Why inflation is a direct creation of the reinforced Ego. We are one human race. We have a collective everything. That includes love but also the Ego. We share everything and every experience.

I am so tired now and I hurt so much. Because of all the resistance. Not because I am over-worked. You can't burnout on doing what you love. You burnout on doing what you don't like at all. But you still do it for money. And you still do it to be somebody. To celebrate your personal success in the eyes of others. That's the Ego mentality. When somebody thinks a lot of what others think of them they are thinking about themselves. Can you see that?

Look at the movie! Look at all these scripted moves and interactions. Do you somewhat feel acquainted? Or perhaps you feel that this is what is considered to be the mature and grown up thing to do? To be a part of the machinery? That just goes on and on without anything else but heading for fatal destruction. The prices go up and up and up and up! You work harder and harder and harder and harder...

You create this. You maintain this. You OK this.

Just stop.

Why are you accepting this tensed reality with less and less humanity? What constitutes a human being is 5% rational mind and 95% subconscious mind. That is the equivalent of 5% structure (thought) and 95% abstract (emotion). If you don't accept that? Well.. You are a robot in society dressed in flesh & bone. Truth be told.

Sunshine? Symbolic logo of youth? Bullshit. Complete bullshit.

Wanna change that? Come to God.

Come to Love. But lose the ideology.

You acknowledge and celebrate emotions and love. And acknowledge and celebrate your heart. That God. God is Love. Love is God. The source of all creation. And everything you've ever dreamed of will be given to you. This comes with a demand. A demand that isn't forced. Because love doesn't step on any toes.

That's why I don't give the adress: [transmutation.se](http://transmutation.se) to people I talk to when they react in jealousy and doubt. Because I don't want to force the success and love on them. Because I work for love. I don't step on any toes. But there is also another reason for that. And that is because of all the complete idiots whom has had the ultimate answer forever. The ones that cannot lose the ideology and force love as an opinion onto others. That is not God. That is not Love. That is technical and rational. That is to conform and structure society. The contrary to everything humane.

But why? They are not humble.

And this is why we've ended up here. Because of a misuse and a complete abuse of love. So I get the fear, of love. Because that isn't love. And we are sensory sensual emotional beings that cannot rid ourselves of intuition. So we feel that something is off. But that becomes my stick in the wheel you see as they judge me as one of those idiots.

I talked to a fella today that works at a supermarket. I told him that I have seen other shops now having the choice to print out a receipt or not. And almost 100% of the costumers decline a receipt. Which is fantastic. And he agreed. He also informed me that on this particular supermarket they throw away about one big black plastic bag of receipts each day because they do not have this option. The recipe just prints. He continued to say that he always wants the receipt. And said,

sure that's fine you want that. But then he told me that he throws it away when he gets home..

But why was his take on everything? What was his opinion and most importantly? What was his emotions on all of that? Where was his heart? It all seem very rational and technical to me?

You might think that this story about a receipt is trivial in the grander perspective of a world highly dysfunctional? But everything stems from within us. And it's the little things that enables and creates the big ones.

Also today I received a computer written letter from my mother telling me that I should seek help. To feel happy and to feel good.. Can you beleive that shit?

Human beings not humble and connected to God, too Love will forever and ever project their own responsibility. The letter she sent me was to herself. But she can't see that as she is done. She is complete. No change necessary which is all about a complete lack of humility. Something that she talks about is very important in life.

It's so easy to talk. You just say shit..

But can ya walk!?

The city of sunshine spots the sun. Solar eclipse. All talk but no action.

A big bunch of know it alls in lack of humility, gratitude and love.

I am a part of this. And others too who aren't like this. But we are not many..

And the same goes for all over the world. How can I say that? I just live here?

You can take me completely out of the picture! See for yourself. A filthy world. A world full of lies and destruction. But tacos on Friday! Spa weekend comin' up!

Kids got a brand new appointment to see the shrink! They will be medicated so they don't bother us anymore! Freedom!!! Free to finally relax and watch TV for 6 hours a day without worry for the children's well being yes..

Or..

You as a responsible human being get your fuckin' shit together and become humble to the power of God! To the power of love and creation that enables everything in the entire universe! And stop to think that you are somebody! Stop it!

The kids are lie detectors as they are closer to soul than somebody who has developed a thick armor on rational thinking. But they die inside because they are sensory sensual emotional human beings. But you tell them everything wrong about them.

### **That is murder.**

The child's suicide. Be that fast or slow is blood on the parents hands. Always.

But yeah.. Keep knowing it all. Keep posture in your robotic manners dressed in flesh & bone. Doing all the important work for society. Taking on more and more responsibilities outside of yourself to feel good about yourself. Take a walk in the sunshine at lunch?

Maybe go by the store and buy yourself a new pair of pants ey!? To wear at the company party. The company? Companion? Compassion?

Where is that? What is that? What is compassion? What is humanity?

There is a way to find out.. And this is something you must return to all the time. Because you can't acquire it. You cannot buy it. You can't pick it up on a seminar..

It's called humility. On your knees.. In mind and heart be humble.

And do what is right. Which is to learn what love is. Which is to learn what inspiration is. Which is to learn what support is. Which becomes something that you just want to give away and as you do we heal and become more and more humane and that is called a world of love.

I am going to take a bath now. An Epsom Salt bath. That is a mineralsalt that includes magnesium which the body absorbs and moisturizes the skin. It helps to relax tensed muscles living in a world full of control. They don't have that at the pharmacy in Sweden. They actually don't even know what it is? I've asked about 10 times?? But they have ointments with chemicals that sooth for a moment but destroy the body and the environment. This world is beautiful. But as a collective we make it into a world of shit. All in lack of connection to what gives us all.

The man I had a conversation about love with. The one with a greater understanding about a heartfelt human experience said:

Things are NOT getting better.

Which is exactly what makes everything go to straight to hell.  
His personal lack of responsibility and contribution to a world of love.

Keep watching the news and have your heartfelt opinion?..

I am no math wiz, but that don't add up.

Are you thinking about that last sentence right now?  
Is it don't add up? Isn't it doesn't add up?

And the child is dead.



From 'The Rose That Grew From Concrete' by Tupac Shakur.

