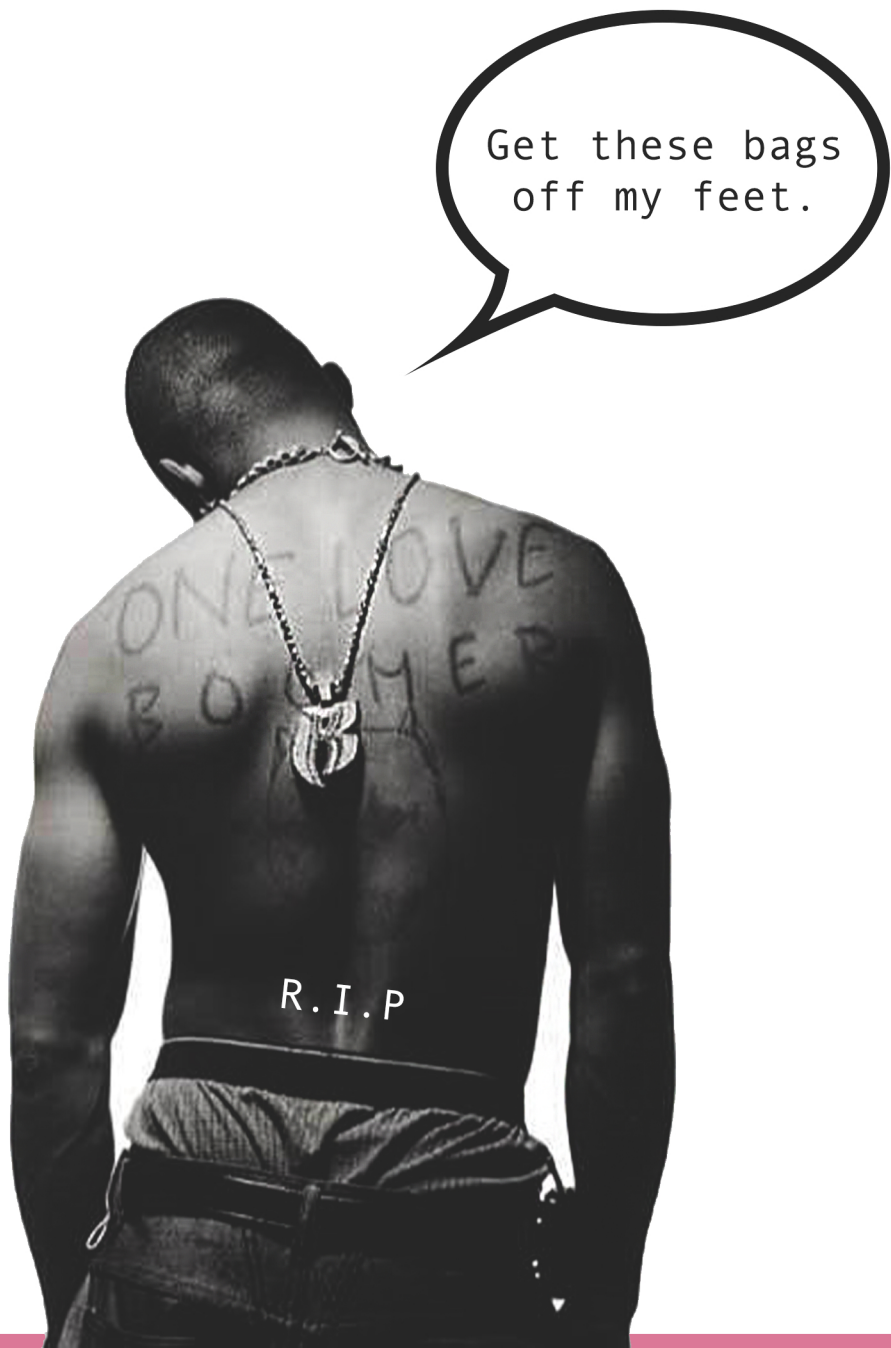


R U F F O R S M O O T H R I D E ?

SLIPPIN

Leo Rosenblad - transmutation.se



Get these bags
off my feet.

R.I.P

Stop Trippin'

When you want to get too worthy you cannot do this by thought alone.
In fact you cannot do this by thought at all.
It's about feeling worthy.

And the paradox of that is that it's nothing to attain!
You are worthy just as you are.

But your convictions and judgements inside keep you from experiencing that.

This is what resistance is all about.

That's why you see comments like 'Everything is already yours'.

Just claim it!

..well..

It doesn't work that way. Unless you carry minimum resistance and rid yourself of that over a couple of hours. I mean that would be possible.

And that should be a very clear indicator of taking care of yourself emotionally all the time but more importantly, don't let IT go too far.

Because that will generate more resistance to deal with.

Deal? = Worth
Deal or no deal.

Well you get the deal. The identified deal. The 'I'. Put them together and you got yourself and 'Ideal'. Make that into a conceptual way of life without transformation and you're living with terms of what is called an 'Ideology'.

You see!

I (Identification) - Deo (Stagnant thought) - Logy (Lifestyle)
Logy - Logi - Logic

Belief is something that you conjure.

You build up a strong belief like tolerance.

You tolerate what you find yourself stagnant in. You tolerate that which is a belief.

A belief in opposition to nature. Nature flows.

A belief is just a thought that you continue to think.

So you have to think differently.

Where to start!? OMG!

Well right there.

Begin communicating and have or deepen your relationship to God.

You are God.

So deepen your relationship with yourself.

What you need to do in order to rid yourself of guilt should not be forced.

This will ruin the relationship.

From control we've developed 'feeling bad'.

It's called upbringing or socializing.

The intent was good but not very constructive.

So instead of doing what you like you've been instructed to hold yourself back. Just like the ones socializing you did and found it hard to be in the presence of a free mind so they controlled it out of concern which is all bullshit and truly is nothing else but fear.

This is the fear of being authentic and true which they have to become in order to acknowledge that in somebody else. A child for example.

You can see how this will confuse and distort value inside a mind that is listening and taking commands from a programmer unaware of their own virus exchange.

So you become sick in the head.

And you deal with IT.

..Back and forth..

In polarity with your authentic and natural way of being and the instructions given from a sick source.

What you need is to speak your truth.

That is not done primarily cognitively.
Meaning just sayin..

What you say is true I know. It is.

But you gotta feel that primarily.

You wanna go on a trip!?

A really cozy guilt trip?

Nah..

But everything becomes that when you should feel bad for enjoying your own life.

For enjoying:

YOURSELF

That's why you look for constant entertainment.
You wish to be entertained because it makes you feel...

GOOD

So if you make yourself feel good.

You can actually enjoy the entertainment!

Without feeling guilty which you will if you use entertainment to feel good.

Because you neglect yourself.

Your true self.

The authentic you.

Heart & Soul.

So you gotta become a housekeeper.

It's not about maintaining.

You gotta clean first.

When you done that well.. Maintaining becomes easy.

Because you don't wanna mess up the most beautiful aspect and treasure of your own entire life existence.

Which is YOU!

If you do that with force and elbow yourself in front of everything and everybody?

That's all EGO.

When you come from compassion which is humility and gratitude which is something you only experience primarily in relation to your own life.

You give that away for free.

That's all Heart & Soul. With a sprinkle of EGO.

A family cupcake with you as a golden bead on top.

Why?

L'Oreal.

Because you're worth IT.

Worth IT?

Wasn't IT bad????

..So you've been told..

Identity forced upon you from socialization.

Don't hate. Understand.

Forgive and help.

Grow as you water the human race.

Support unfolding.

Make flowers.

Don't accept lies.

!BUT HEAR THIS AND HEAR IT CLOSELY!

PRINT THIS PAGE AND EAT IT:

You cannot communicate false behavior to yourself or anybody else, by stating:

I AM or YOU ARE

The EGO's main task is survival.

That code is considered a threat. And IT will kill.

In the long run IT will kill you.

And alongside you the people around.

Always talk about behavior separate from identity.

Like:

'That is not true I feel that you are lying'

Not:

'That is not true you ARE a liar'

Leave the mind out of IT-self.

Let IT be.

When you feel strongly that you wanna strike and say 'You Are' is actually all about two things. Firstly you wanna claim that you are right. That's EGO.

Secondly you do that out of frustration because you wish them differently.

Nothing is ever all black & white.

It's a mixture but lacks communication skills which is a product of being all theoretical.

When you become and are more compassionate you actually feel the dissonance within you before you speak and things come out in support rather than condemnation.

Nobody is on trial here.

The trial is within us all where we are prosecutors, lawyers, jury, judge etc..

But most importantly.. The witness.

CAN I GTA WITNESS?

If you don't come clean and stay strong in your convictions within you will manifest that outside of yourself and the logical structure of judgement called a court will take care of your unwillingness to be humble.

And what this is all about is, well..

You voicing up and stating your worth!

Like:

I'm taking this! I'm doing this because I am worth it!!!

And that is so true.

But you see how it all becomes destructive when you do that out of force.

All mind. All mine. All EGO.

So you take instead of receive.

Ungrateful.

And I'm sorry but you're gonna have to pay for that.

Clean up in aisle YOU.

It might be something minor.. That's a fine. And I'm not speaking Italian.

I'm the value is something invaluable, like taking somebody's beautiful life?

You should receive the maximum sentence.

That sentence should read: COMPLETELY GUILT.

Unless..

You are a part of the logical structured system manifested by the rational mind in total disconnection from emotions. Which is in other words love or humanity.

Then you will receive protection.

Or else the system collapses.

So that structure must maintain its virility.

Its life essence which is built upon fear & survival?

Like the EGO trying to defend IT-self?

There isn't any difference between that and you.

So what to do when living in a sick system?

Well.. You can communicate the sickness and present something different and constructive. That is sometimes hard to do when delivering that to a function that is all about constructs. IT believes IT knows best.

And that is kinda good because we don't wanna go all crazy.

But we can free the system from IT-self!

And that is done in peace and not in hostility.

Defense remember!

When the rational mind goes at it full on if the threat is perceived as very strong?

It will kill. To protect IT-self. No emotions engaged. Not functional.

So please don't go to war. Don't attack.
Speak love and communicate with a humane language.
Be loving to be living.

Make IT a living!

I'm not Italian again..

Make IT feel alive. By acknowledging it for the operations of the system.

You keep virus free.

Which is to be free.

Inside out.

And you won't get into trouble!

Wanna race? Wanna Rally?

That's fun!

Not in anger.

Moder Therese never joined a protest rally. Only peace rallies. Because she understood the fundaMENTAL principles of attraction. We get what we focus on which is what we give energy to and becomes manifested in the world.

We create all the glory or shit.

It's all your choice.

To GET TO WORTHY or else.

I am threatening you right here. I am warning you! STOP TRIPPIN'!!! I will take action!!! DON'T BRING THAT OVER HERE!!!

BAM! Golden retriever bite in self-defense.

Or a jump in front of a train?

Or a fistful of pills?

Or a razor blade in the tub?

Or behaving destructively whatever for years?

It's all love.

You might see it as self-sabotage? That's the manifestation of the original guidance that you refuse to interpret correctly.

STOP GUILT TRIPPIN'

YOU HURT YOURSELF AND OTHERS

YOU CREATE A WORLD OF DESPAIR AND SORROW

A WORLD OF LOSS AND PAIN

Take responsibility instead of reaction.

This is your responsibility.

Use IT wisely.

Don't judge. Don't prosecute.

Understand, forgive and free.

Yourself

Or pay the consequences

*It's all the same
It's all the game*

*Of love and fear
Please be a dear
Become clear
Have a beer?*

*If you can without guilt
Get straight from tilt*

*Harmony & Peace
Live your life with ease*

*Ebony & Ivory
Makes sweet music
When loving be*

*So use the wide lens
Does that make sense?
Grander perspective
Be that detective*

*Look from above
Find the love
See the truth
Keep the youth*

*Inside your heart
Do it! Start!
Not tomorrow, do it today
Do it kindly, that's the right way*

*I'm hungry now but the store is closed
Please GOD help me you holy ghost!
My tummy needs sum nice inside
Better energize for my lovely bride*

*Soon Imma be there and I'll meet you
The most important thing that I wanna do*

What do you want most in life?

Is it a car, a house or a fancy chefs knife?

It used to be that for me, in my life.

I already had the kids and the wife.

But I felt so guilty from having them close. So never felt enough and I was like a ghost. Not very holy, well in leakage I guess.

My value went thru me I was full of stress.

I never absorbed any good about me.

I never felt good enough as I am just to be,

Here on this earth and living my life

Things they happened and I lost my kids and wife

Not all about me I did what I could

But I was raised to steal I am from the hood

But now I know the meaning of true love

I'm leaning on the everlasting arms

And I can see it! And I can believe it!

There was just all of this to it!

*I believed I could help. Searched everywhere except on Yelp.
Thought about it every night and day. I had so much inside that I wished to say.
I believed I could show. How you make your life an open door.*

*I believed we could fly. I believed and I cried.
I like my chicken when it's fried.*