



G r o o v e   A r m a d a   -   A t   t h e   r i v e r

L a r s   R o s e n b l a d  
t r a n s m u t a t i o n . s e

# Controlling nature

A tree doesn't try to sway opposite of the wind. It follows. And if you look at the tree on a windy day it seems just like it's dancing. In complete acceptance back & forth. A bird doesn't navigate in tremendous effort, they use the wind to their advantage and go with it. A bird can also find their way using the earth's magnetism. A river doesn't try to change course and decide what's best. The river runs its course.

Nothing in nature is in competition.

The tree, the bird, the river.

All goes with the flow.

Nothing happening is random. Everything happens in absolute perfection.  
Everything is just the way it's supposed to be.

Unless you fight it. Unless you try to control it.

And there isn't anything external to fight.  
You handle and function in absolute perfection.  
Everything is just the way it's supposed to be.

What you experience if you perceive resistance and competition is you being unnatural. Because you are natural. You are nature.

The competition is just like everything else, a manifestation of your internal imbalance. Your intuition is just like the wind. It takes you where you need to go.

When we accept that we relax and let the wind take us away to certain life.

When we oppose that our nervous system signals that we're on a false path.  
And as we walk that path a great deal of uncertainty is created which gives us tension as we worry and expect danger.

The winds of change is not just a figure of speech.

Wind doesn't move on its own. Everything moves and is directed by cosmic energy. We just do a whole lot of refusal inside ourselves which is the rational mind left in charge. There is a flow. There is a life in absolute perfection.  
In harmony with a natural course of events.

If you stand firm a refuse to accept this you will eventually brake.  
Just like a tree experiencing a storm. But that was necessary and the destiny of that tree providing nutrients for others from its passing. And that is just like us.  
We can brake. From standing firm and inside our mind pass away.

Now we've become nutrients for ourselves.

As we understand that we need to be humble and listen to the winds of change.

And go with the flow.

Life is not a river raft upstreams.

Life is a smooth ride downstream and every once in a while a branch carrying fruit stretches over the river just enough for us to grab it. And for that we are so grateful! As we become more present we also become more aware of this phenomenon. And from there we come back to trust. Having faith in nature.

As nature provides. Out of love.

State your wish, dream your dream, and expect something better than you could ever imagine. That's you securing your sails. Now let nature take over.

And you'll river raft to your date with destiny.

Life is a big play.

Don't try to direct it. Just dream-script your subconscious and let the universe direct it. In every moment. All you ever wanted was to be happy.

All you ever wanted was joy.

So allow yourself to feel that by letting go of any circumstance.

What you asked for is already here.  
It's your refusal that keeps it away.

Accept where you are. Find joy and happiness anyway.

Feel grateful for being alive.

It could be worse.

:)