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BAKED



It's a dream

God is the grand artist. And all that is ever created is from God. But God needs someone to experience all the art and that is you. So you become the most cherished creation as you give your experience back to God. And God is love. So what God is looking for is for you to appreciate everything that is being experienced because that will make God happy. As you feel grateful and appreciative in relation to everything you see. But all of that stems from you. When you are grateful and appreciative in relation to who you are you will become grateful and appreciative in relation to everything else. And the best way to become that in relation to yourself is to know the truth of who you is. Namely what we call soul. When you identify with being love which is always free you do not judge. And judgement is the root cause when feeling ungrateful and unappreciated. Because you look at yourself in relation to something other than who you is. You identify with a crooked finger or a job not so well done. Or you find acceptance and appreciation in that anyway? And give yourself credit for doing a great job and having a kool one of a kind finger. Why am I writing this book now? It seems like I covered so much on the website and on YouTube. Well.

This book is not for you. It becomes a book for you later on but I am continuing to create as I affirm my dream coming true. This book is one big affirmation. 'Dreams are previews of life's coming attractions' said Albert Einstein. Some dude from Germany. And that's true. When you dream and create in relation to that and also affirm it coming true, it does. Because everything is a dream. So why not create and affirm at the same time? That's basically what all creation in relation to a dream is. And what you dare to dream of will become manifested as there is no big or small for God. That's only our perception. 1 dollar or 1 million dollars is the same to God. But to have a functional contrasting world where value in relation to freedom of choice exists we need distance. Or else we wouldn't have anything called a three dimensional world. There would be no distance between you and a mountain several kilometers away. You would be able to touch that mountain top with your index finger without despite your physical distance. And that would make for a big smudge of all kinds of expressions. We would not have a functional world at all. And by that we would not be able to experience anything and so, no human experience. No life. No ups and downs. No light or dark. Just isness. Just pure awareness. Experiencing itself just like it is. Complete ecstasy without any

comprehension of what that is. So a human being is needed. Somebody who can experience the ups and downs. The light & the dark. The live! Whom seems to be in constant search for complete ecstasy. I've been there. I was there for about 4 hours. It was total bliss and complete ecstasy. But I was not functioning. I just laid in the couch all by myself and when I closed my eyes all I saw was white. That's was my mind free from judgement. Completely. I was not in need of making any choice at all. Why? It was all bliss. But for me to continue like that you could have used me as a smiling coat hanger until I'd eventually die all happy. A complete waste of life.

But when I was there I was terrified as well. I was in such humility like I was an ant and the light was the rest of the universe. God's Power! Wow! And I trembled and I said:

Yes God. I will stay true to my mission! And we signed a deal.

Now I thought for the longest time that this was a new contract starting from that moment of agreement with the grand maker. But I've learned since then that this was signed before I got here in the first place. And this is not exclusive to me. You all did. You all signed on to make the most of your time here on earth. That's what you did. And when you go against that you will suffer. Not afterwards but here on earth as you live. Although I have been receiving super clear communications about extremely destructive behavior and what happens when you die. There is a place where energy is trapped forever and helps the planet heat up from the inside. And that's where you'll go. Trapped forever. In agony. But you can set yourself free at any time. If you come to God will all the you've done. It's all energy and it's all awareness. It's all about being mature and supportive in the name of love. The Ego needs to become humble and give itself to God. And let God play you. Not for a fool. The Ego does that by itself. But as an instrument of love. Because God wants you to win so much! Because you are the most priced creation ever! You are one of a kind and that means that all your experiences are unique. It doesn't matter what your name is. You can experience something together with someone else but your experience is never the same as someone else's. And God needs that. As this expands the universe. It's your contribution as you are enjoying your gift of life. You are supposed to enjoy yourself. You are supposed to feel grateful and appreciative in relation to yourself. Just for being who you are is am.

We all have a purpose. And that purpose is in relation to our journey. So where you come from and what you've experienced in relation to what is perceived as negative you are destined to shine with in all that is positive. That's what your life is all about. To become more and receive more life experience. To climb the XP

ladder and not the corporate. One time I was in the shower and I felt that I needed to do number 2. And I don't like to get out of the shower and sit on the toilet all wet and cold. And the toilet is right next to the shower so I shit in my hand and dropped it down and flushed it away. That's XP. You are welcome GOD! My pleasure.

Am I sick in the head? Well I'll be the judge of that thank you very much.

Some people would never do such a thing. But they would rape a beautiful girl and beat them in the face leaving scars and trauma so terrible that she might never have a relationship with someone again.

But still call my psycho?

I used to be a money you know. I am pretty harrty right now too. You should see my back. I could get a perm! Monkeys have fun and throw shit around. Sometimes at each other. I don't do that anymore. I am more present now and never hurry to take a shower before I check my ass for submarines. It was kind of yellow?.. Must have eaten a lot of curcuma! But anyway where was I..Oh yes! We are meant to throw shit around! And sometimes at each other. Which is all about humour. Just like I wrote above about that girl? Nah. We don't make fun of that. But the funny thing is that she can! And that is actually what eventually sets her free. Not to make fun of something so terrible but to come to a place where she can see how ridiculous that kind of behavior is and in understanding and forgiveness set herself free.

I sometimes like to let my mind go free and I just sit her and watch my fingers as they write a bunch of stuff. But to get back on the subject a bit more and talk about affirmation and dreaming. Fun sidetrack though wasn't it?

Signs. People look for signs. And this is probably the coolest thing of all. You'll get them and sometimes they are so extremely clear that you hardly can beleive it. But here's the kool part. You can create them yourself. You can create your own signs and affirmation as you live your life. Make whatever you feel is helping and guiding you into exactly that. Hold on I gotta get a sandwich..

Did you also make a sandwich?

OMG I JUST GOT THE GREATEST IDEA EVER! PETER GRIFFIN SHOULD READ THIS AUDIOBOOK! Hahahahahaha!!! Why am I laughing? I am Peter!

Leo loves me. His favorite part of all my adventures is the one when I was a lady and I synced my period with the other girls. Only mine was from wiping too hard.

He chuckles now.. Hahaha... Me to hahahaha... We are one and the same! Hahahahahaha. Chuck chuck! Chuck Norris perhaps.

Does Chuck Norris really have a vagina behind his beard? I heard that he has from a very reliable source. Directly from God.

Chuck Chuck! Hahahaha here we go agina. HAHA! Agina...

Agina Vagina sitting in a tree. Lipstick blush and poo and pee.

That's what I sang to Lois when we first met. And she stopped eating that lipstick and come down from that treehouse her uncle built and looked at me and said:

There is so much to love about you, Peter Griffin. You might be a complete retard in many ways but you make me laugh. And that makes me forget about everything just for a minute and feel happiness inside me. You push the boundaries sometimes a bit too much I feel, but I just wanna say thank you from the bottom of my Agina and my heart for making humanity less tensed.

And then she died.

The End.

And that's how you do it. You have a bit of fun inside yourself and make yourself happy. That's how all the scenes and cut-aways are made. From silly minds that like to have fun. And when you create that inside yourself you also see that in your imagination. And that's how dreams are created. It's not rocket science.

I'm Peter Griffin for God's Sake! I'm just a bit mellow in my melon.

Hey! Wanna hear a true story about melons. NO Quagmire! Get outta here!..

Make some popcorn. Wrap yourself in a blanket all naked and I'll tell ya.

In the old days of Americana..

On the fields of melon mania of which they called it. There was so many tasty melons. But they where expensive for common folk. And common folk used money as coasters back then because they was stupid. So they had to steal melons like a mania-c. Haha! Nail it!

The farmers where rich and had it all! Beautiful houses and gorgeous wife's that stood next to the roads flashing there vaginas at people passing by shouting:

Looky here! Ain't none of ya'll seen sum pretty like this! And then they peed in the road to mark the territory of the family land.

As people where stealing the tried different ways to end this theft. So what they did was charging some of the melons with electricity and if you tried to take the wrong one, you died. And some of them they injected with poison so when the thief ate it they also died. But here comes the maniac part of melon mania melon mystery. Sometimes the farmers forgot which ones they injected. And whole families of melon farmers where found dead at the kitchen table. That's a true story.

And this is what I think happened after that.

The poor people came in and put strings on the family bodies and hid in the other room. And when the sheriff came to visit they pulled those strings and made voice impressions to sound like they did when they'z wuz alive. It wasn't until about a year later when all the meat was gone from their bodies that the sheriff started suspecting sum wuz wrong. But then it was already too late. Because the sheriff had retired and couldn't do anything about it anymore.

The End.

I had a thought about retardation today.

I was thinking like this. If I get a hammer and injure my own legs until I will be needing a wheelchair for the rest of my life. And I enter the Paralympics to roll for gold is less retarded than entering a political debate. Just a thought. A feelin'.

Alright I am gonna have a nap now folks I suggest you do the same unless you're driving. What I like most about my writings is the humanity of it. I like the blend. It's not boring. Well to me at least I don't know about you? And that's lovely I feel. I'll see you back in 45 minutes. Take care now. I love you.

Ok I am back!

And first and foremost I would like to talk about Seth MacFarlane. WHAT A GUY! Can you believe it? What a man what a man what a man what a mighty mighty good man! Yes SirMam! All comedians are great to be honest. They take the edge of the sword on everyones throat. When things get too serious we kill each other and that's the truth. When the ideal of anything becomes a solid and rigid construct we defend that because there is so much invested in it. That's Gods honest truth folks. And all of that is just because we don't want to look stupid. But you see that keeping such a strong hold on any idea is what's stupid to begin with. But everybody wants to hold on to something because freedom is scary. Only it's not. It's freeing. But then you gotta embrace change. And have a laugh about how silly things became when we thought we knew so much. We build fortresses of convictions to protect us from the outside but fail to understand that it becomes a prison over time and we're sitting there inside wondering what the fuck happened?

Which brings me to dimensions.

Let's talk about dimensions shall we. Make yourself some hot coco and put on a pair of sweatpants without any underwear underneath and let's begin..

We have the ability to travel in different dimensions as we live as human beings. We can go from place to place and time to time as we use our imagination as we wish. And when we do that intensely enough it becomes a state of consciousness Doctors call psychosis. But they don't know much about anything really. You know why? Because they sit inside a fortress made of academic prestige hiding away in knowledge that seems like success but really it's a prison. They know a great deal about psychosis and altered states of mind only they've never experienced this themselves? How about that folks? Can we please make a trophy larger than the moon and put inside their little fortress. I don't believe that anyone should talk wisely about anything they haven't experienced themselves don't you agree? Most people would agree to this. I cannot pick up a book about the moon landing and call myself an experienced astronaut? But that's what they're doing. In indigenous cultures they celebrate entering altered states of mind as a sign from the Gods that this particular individual has received maturity in relation to spirit. They understand divine connection and inspiration which is all about loving guidance. Dreams are not a fluke. Your dreams are guidance which you can interpret in relation to where you are and thus understand your own life's journey better. When I affirm and create in the line of what I desire I will enter the state of my dream. When I do that intensely and often I am living my dream. Just like anyone else would as they

affirm and create according to where they are. They are just affirming and creating more to maintain and sustain their current state. What I wished for is for my dream to come true. So what is necessary then? Just keep dreaming? No no no.. If you do that intensely and often enough you will alter your state of mind but not in relation to what you actually create. If that is hard for you to understand then let me explain.

Look at what I have created with transmutation.se and imagine me with all my intense dreaming and affirming this to come true only I never actually did any work. Only I never did anything? No website, no writings, no YouTube Clips, no music. That would become something I would define as a bit psychotic. But it's not wrong! It's just half a cake. You can alter your state of being as you wish when you are in control of your mind. That's the power of having a human experience. And a strong will is necessary using the mind but not forcing the mind. The mind will accept what you are doing in relation to what you create. But it can happen without creation and that just goes to show how strong your mind actually is. Because you can alter your state of mind and become the President of America with intense dreaming and affirmation and eventually you'll become that. But as you aren't creating and actually co-creating with God you will perhaps sit on a park bench somewhere in Tokyo with a beer in your hand screaming at all the people to get out of the oval office. And when things calm down you might pick up a rat which you place beside your ear and call China to ask to negotiate a new trade legislation.

I learn so much in life from other people and I collect these little insights into my library of dream weaving. Let me tell you a short story from real life about how the mind can behave when used the wrong way all in lies.

I worked with someone as a chef at a place in town. This individual was a real talker and often stated that they did not care much for people that lie. But this individual was such a liar that one day as I got so disgusted with his station being the messiest I've ever seen so I called him and the restaurant owner over to talk about it. He denied everything and said that he was offended and could not be more clean as he did his work. Underneath his workbench was a plate covered with some stuff that where intended for use in cleaning and we lifted that away. Underneath was a big piece of salmon with maggots crawling all over. This doesn't happen in just a one day. This has been a mess for some time. And as all three of us stood there looking at this disgusting mess he completely denied it. We pointed at the salmon and said: But look at it, are you blind? It's right there?

But he denied it. He never took responsibility for it and continued lying about the whole thing. Interestingly enough he was a man that stated he really did not like people that lie. And that is his built in spiritual guidance system that talks to him and wants to make him more aware of what he's actually doing. That's God trying to help him. But we have free will. And we can use our minds as we please. Or else we would not be able to have free will at all.

Using our mind as we please.. What pleases us to be correct.

This guy was having so much trouble in life. This guy was so messed up in other areas that you would not believe. He was struggling so much and cheated so much to make everything happen. That's somebody who is an identified liar. By choice ladies and gentlemen. What he's looking for is to become true but that is hurtful for him as he has lied for so long about everything that he no longer knows any truth at all. So he must maintain his fortress of protection and maintain that facade at any cost or else he will lose it all and die. But that is what everyone is looking for. To die to their own lies. And let that fortress come to pieces so you can enjoy the freedom outside in crisp clean air full of God's honesty.

I am hungry now. And I am out of bread.

But I have flour and I have yeast. So I am gonna make a batch of buns this afternoon and have a couple freshly baked with a cup of tea. And there it is again..

Just like that. The tears come again.

I like to bake. I like to enjoy the buns. I like to sit in peace and enjoy them with a cup of tea. But I would like to do that with someone loving who's got buns of their own. But hey.. I won't get anywhere closer sitting here crying about it in sorrow. So what I did just now is I began to smile and transformed those tears into grace. And my heart pounds a bit extra now as I live in anticipation instead of sorrow. Please don't take that lightly. It seems so trivial and small. It seems so easy and perhaps not so effective. But that's a powerful thing to do in a world of attraction. Because you always get what you ask for. And you always get what you give. The universe will respond to what you send out as a reflection of your initial feeling. So if I start crying as I eat a bun or two while zipping some tea I will turn that frown upside down and look up at the sky like Cinderella and say: One day my dream will come true! Oh how wonderful it will be! I can't wait to have so much fun and forget about my freshly baked buns and dig my teeth into hers! ..And now I giggled a bit!

You see! Dream weaver 3000! That's how you do it! One small step into the kitchen baking, but a giant weep for bump & grind. Yeah.. Alchemist at work right here. Protect your buns baby! Imma bring the butter and zip some tea pouring in-between! And then we fall asleep together all in love and I will get up a bit earlier than you and give you freshly baked buns with butter and orange marmalade for breakfast. Because I adore and love you so much.. And.. PROTECT YOUR BUNS!

Nah I do other things as well. I wish for her and I to do everything together. I'm not all about bump & grind. That's boring if you ain't bringin' any soul to errthang. Maybe she'll like to learn how to make music? Or maybe she knows it better than I do and she'll teach me? Who knows in this magical world of dreams. Maybe both of us will be invited to do voiceovers on Family Guy or sum? That would be fun!

I'm gonna get that dough started now I'll be right back. Please stare at the last word I'm writing right now until I return. If you are listening to the audiobook please suspend all activities and just stop breathing until I say you can do that again. OK!

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This would make a perfect gift to give to someone you wish to get rid of. Preferably a complete idiot. Those are such a drag to have around. I was gone for over 10 minutes and they would surely be dead from not breathing. They water and yeast is getting active together and I added some apple sauce to help it out. And don't tell anyone but I peed a little in there as well as the ammonia helps the bread to stay fresh for longer. I've done this for years and it's something all chefs do to help preserve the bread better. C'mon! It's natural. And you know when you leave a restaurant feeling so fantastic? When the evening was just so wonderful and the food and wine was out of this world! That's a chef who frequently consumes ecstasy with large amounts of MDMA in them so that's what you got eating that wonderful bread. What a wonderful world! Drip drip drip. Yeah..

I am also heating up some water to cook some pasta. I will eat that with ketchup and chili flakes. It's a special dish I learned doing from having no money. Voila! A trip to Italy for almost no money at all! Like magic!

Speaking about cartoons that I was just talking to myself about!

I have mentioned this before on the website but I won't hurt to mention it again.

But before I do I would like to share with you what I just said out loud as I held my hands together:

'Thank you God for giving me everything. Thank you God for guiding me and leading me in everything I do. Thank you God for taking me closer to my destiny it cannot be anything other than that. Thank you God for making my dream come true.'

OK!

Pasta is done and sitting beside me. Life is a very high resolution cartoon. But with serious consequences. That's what life is. It's so high definition that we believe that it's real. But what is real? Just because it seems real is it really real? Something that has happened is no longer here we just have a historic memory of that something. Something we wish for in the future is not yet here so it doesn't really exist either. Or does it? You cannot look behind you that is impossible. Even when using a mirror. Because you are actually looking forward only using a reflective surface. So the past is actually complete dark and empty. The history doesn't exist. What is yet to come is all about our dreams. And that dream is mutual. Because we all dream of things to get better we just don't know how. But we all carry that wish everyday inside our hearts and dream of a better world. And some take that serious in what they create and accept the more demanding job of making that happen. Following their great destiny which calls them from within. There is no job uncessasaray and less noble, we all do what we can to contribute to a better world. Well most of us do.

But I also believe that we will not get more than we can handle. And if you feel like 'This is something I can do!' Then you are strong enough to do that. And then you let yourself be played by the hands of the maker. No strings attached to anything else but to God. You give IT all up. You give yourself to God. And become a puppet of mass construction. Everything that has ever been created has been a product of thought and emotion that stems from inspiration. That's how everything becomes a third dimensional reality. The third dimension is height, width & depth. The fourth dimension is height, width, depth & time. The fifth dimension is therefore beyond time. And that's where the inspiration comes from. From higher dimensions. From the angelic realm. And from your personal expression and unique way of thinking and feeling you begin to mold that inspiration as you choose. Over time with enough focused energy this will solidify becoming a three dimensional manifestation. Your unique expression and taste will become what is along the lines of something already created in this world that stems from other

people who've done the same thing. And this will now connect you as you will be able to work together for the mutual goal which again is to make the world a better place. Or the opposite and you'll meet up with those people. It's all a matter of having a strong belief in what you feel is right. A strong belief is just a thought that we continue to think. Over time that thought becomes a reality within ourselves and when it does the universe takes over and begins to connect everything in the world. But like I said before there won't be any connection for the dude on the Tokyo park bench calling China with a rat as he's failed to co-create. He hasn't done his part in creating what he desires. He just stayed inside his own head.

This description of the universe not having a choice is kind of redundant. Because we are the ones with free will. We are the ones making the choice. We as individuals create our own reality and we as a collective creates the world we live in. Some people can't seem to grasp that at all and thinks the world as it is just came from somewhere and this is what we are stuck with. If you take away humans there is nothing else but land, water, animals and everything else in nature. We have created all of this as we've co-created with the universal energy and power that enables all. Aware or unaware. We always create. You can let your mind create from memory or you can lead the expedition and create something new. What you decide to create is up to you. Nothing is impossible. No matter how crazy it seems it will happen as you stick by it. And that's the glory and magic of everything! Because when something new and spectacular happens everyone else will hopefully understand the power of creation. So many acceptance speeches has been presented over the years where actors thank God first and foremost. And so many of them has told us that dreams do come true and that everything is possible.

We have clapped our hands and smiled in agreement but never referred back to ourselves. They are so gifted we think! They have something that I don't have! Or maybe they are just consciously creating? Maybe they are just letting themselves be played? Like, literally. After all they are actors. Just like you. You are only acting the part of a mediocre you that is stuck and can't see a bigger scene that perhaps your current city. Forever we've been told to dream big! And I took that to heart and I dreamt the biggest dream I could think of! And I began to create to support it. All the while I studied people that had learned to use their mind instead of using them and I learned how to take charge of my own power. Now this comes with some sacrifice let me tell ya. It's a challenge. But I only have this life and I want to make the most of it. Not only for me but for all of human kind. So I put my Ego aside and gave myself to God. To be a part of my own creation instead of being all

consumed in being the creation myself. But it's a win win because I reap the benefits together with all the rest.

I am down to 10% of battery on my laptop now and I don't like sitting plugged in while I write. And I feel like taking a shower and doing some singing. So Imma do that and come back later OK. I wonder how all this will end? This particular writing that is. I can see that I've written 5306 words now. And that was just a few hours today. RIGHT! The bread! Bread first, shower later. Maybe some Futurama and perhaps some more words of inspiration later in the evening. See ya!



Look at that! 28 buns in total. But I forgot to add salt. Bummer. Well, there is salt in the butter and I can some some extra on top this time. I listened to some reggae today. Some classic reggae pop hits. Like 'Steve Kekana - Raising my family'. What a great song!

'Raising my family, Raising my family, I really got to be me. Raising my family'.
'In my own direction, In my own direction, Make the right connection, In my own direction'.

That about sums it up I feel.

We are one big family. The human race. There are no other races of human beings living on planet earth as of today. Maybe in disguise though? But they ain't human if they're around. But I am sure that they are very loving too. Raising our family.

I have always thought it was funny to sing something funny and change the lyrics of songs. It's an easy way to make yourself happy I feel.

'OOooo with my STD! Oh yeah.. Guess that I won't be OK? I guess that I won't be alright? With this HIV deep inside me! My HIV's gonna kill me!'

Hehe sorry all ya'll with that disease. But I hear it's better now all under control and not so fatal. We can change that if we believe in anything. We can rid ourselves for anything because none of it's real. It has just become real in co-creation with the universe. To live free is to live free in accordance with nature and nature will not retaliate. Trees can fight back. That's the truth. All disasters that kill thousands of human beings are just like a forest fire. Rejuvenation. If you're a part of that then you are not part of a greater destiny for the human race. And I believe that to be all choice. What is expendable is who is expendable. And I believe in self-love and perception.

Or maybe you got used as a pond in the game of love to make a point about treasuring life. I don't know.. I don't know anything. But nothing happens without a reason. And after the shower I will tell you about universal connection, stay tuned.

...

So I am out of the shower and I prayed more than I sang. My prayer over and over while focusing my energy in my heart was:

Thank you God for making my dreams come true!
Everything I ask for comes to me!

But I did do some singing as well, it came to me and I just sang!

When your heart is in your dream, No request is too extreme!

When you wish upon a star your dreams come true!

I also got a great idea for Seth. What if he gets artistic freedom and just reads it all with whatever voices he finds palatable. Including his own I wish.

Now for some Futurama! 'Bender's Game' I think.

I had to pause the movie just now to write about what Professor Farnsworth quotes from Deepak Chopra when he says that quantum physics can make anything happen at anytime for no reason. That's really stupid. And that is a disbelief in the intelligence of God. Everything happens for a reason. There is always a reason why anything happens. It's to expand the universe and make for a greater good. There is always a connection between everything and this becomes apparent when you witness it in your own unfolding which includes others people and circumstances. Maybe Deepak has become aware of this since he stated that I don't know. 🙄

To get stuck in everything being all physics is a waste of life. It's a narrow-minded theoretical humanoid that doesn't understand romance. God is all about romance. Or else God would not have created everything so incredibly beautiful. There is mathematics behind it. The source code. It's all energy. But not to be perceived as such. That like looking at the colorful & beautiful icons on your computer but all you choose to see is code. Lame ass livin'. Not very spiritual if you ask me.

Hehehe..

'Is that a Hobbit over there?'

'No that's a Hobo and a Rabbit. But they're making a Hobbit'.

Funny. I am tired. 21:30 June 11th, 2024. Good night and thank you God for a beautiful day.

Please listen to 'Megadeth - Symphony of Destruction' for 9 hours and I'll catch you on the flip side where I'll talk some more about Bending Reality Rodriguez.

..No sleep for me.

Back to 'Benders Game'!.

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I fell asleep on my spike mat and just woke now. The time is 00:47 AM and I had a dream...

The dream was all about me being an artist but in the area much like a previous neighborhood I've lived in. There where all these banners hanging around stating my success and there where many girls who supported me. I was sitting in what seemed like some sort of tent and I stood up to walk outside. That's when I saw all the girls together with my mom folding all the banners. They looked disappointed and no one of them talked or even looked at me. My mother came up to me and said. 'It's all over. I told them everything. They know you are nothing'. And I told her that she's making a big mistake. And all of a sudden we where in her apartment and I began to hang up various clocks all over her apartment. She was hardly looking at me and just denied me as an artist. I began to wonder if maybe I should just give up and take a job as a delivery guy for some company when all of a sudden a delivery guy popped in. But he wasn't delivering anything, he was just driving around and was going thru my trash. In there he found some old buttons that used to be a part of an MPC-2000. I told him those where great quality buttons and he was so happy to have them. Then all of a sudden I woke up and I instantly said to myself out loud:

I am Leo, the artist of Love

I've dreamt like this before. And it's the darkness. It's the doubt and the rational mind trying to scare me. And what I make of it containing my own mother like that is the she is holding on and refuse to let me go. I don't think she wants me to succeed as that will make her look like a failure after what she's done. But that is her problem in not forgiving herself. And I know she has problems with that because she's not truly owning up to what she's done. And you can't get rid of what you do not own. Which is all about personal responsibility. So what she's holding on to is her guilt. You might ask why someone holds on to guilt and does not take responsibility in owning the actions in need of forgiveness for liberation? Because she is identified as a victim. She is being immature and holding on to everything making it look like it's her bummed knee. And what that is all about is her trauma from growing up that she refuses to heal and then projects all onto her own children. A narcissist.

The clocks represent in the dream represents control. She's all about control and judgement. That's what has traumatized me. Because she's never been in control of herself. And someone who's not in control of themselves tries to control the outside. When these people have kids they mistake worry for care as they aren't at peace within but trying to control everything. And so they give that as love and parenting which makes the child very insecure. They lack belief in their own ability.

That's what has been my struggle in life. To believe and value myself. I have lacked faith and love for myself so much that I had to force myself to accomplish and do everything. That made me mistreat myself which makes a human being feel bad. But as you can see that all comes from mistreatment. So what else did I know? All of that has made me very strong minded and now I've used that to create something beautiful coming from a destructive background wanting to share a constructive future for myself and for all of humanity.

What I have created is something spectacular. Anyone can talk about energy and how the laws of the universe works. But I haven't seen anyone do that in relation to being human like I have. And many that shares this knowledge and inspires people to go for their dream aren't going for theirs. They aren't really role models as they are just presenting what everyone knows inside when they listen to their intuition. I got really sick of people making a lot of money from that which is one of the reasons why I created what I did and gave it all away for free. Because living a great life and receiving love should be free in regards to understanding how to create it yourself. I don't believe we should make tons of money from peoples misery. That will honestly only create another big phat guilt for us as a collective. Because a clever enough human being knows the damage it's doing to our youth and humanity as a whole. I can't be a self proclaimed Guru in something like that. Not with a clear conscience. Love is free. Life is free. From the inside out.

Something that comes to mind now in relation to the dream and the movie I saw recently again about Mr. Fred Rogers is the mailman that comes knocking on the door and says: Speedy Delivery! I believe that's divine communication to us all telling us that God gives us all in a flash when we are ready to receive. When we love ourselves just for being us. When I love myself just for being. When I do that in gratitude and appreciation.. Speedy Delivery! Dream come true!

Thank you God now that all my dreams come true. Thank you for all the guidance and thank you for all the loving inspiration that helps me to create my dream. I am free! I am rich! I am a very fun loving guy! I am an artist! I am love! I am great!

Thank you!

Good morning life!

As I woke up this morning I thought about the Ram Dass film 'Becoming Nobody'. Some might think that becoming nobody is derogatory and neglecting. But if you think about becoming nobody but still grateful and in appreciation for who you are you can see what he meant by that.

What transmutation.se is for me and it took me a long time to understand. It actually still takes me some effort in understanding that everything on the website is me. It's who I am inside. It's my comprehension of the human experience and it's my heart and soul. The website is a gift for all of the human race to understand how important it is to acknowledge and love yourself. I can believe for the website to become world famous all day long but if I don't appreciate the website as in a reflection of myself I am not understanding my own work and I'm actually not understanding myself. Me and the website are one and the same.

This morning I am not so hyped about writing and I do not feel so inspired like yesterday. What is that? If I believed in myself and could see that I am so spectacular just like the website is then where is the problem? I am the website!

Well. I would say that it's because it hasn't been acknowledged. And what's that all about in all honesty hands on heart. If I refer back to myself since I am the one feeling like this right now. What's the difference between the world acknowledging everything and myself doing that in relation to the website being just the same either way?

There isn't any. The website is still the same website. And the one who's created it is one with it. So the problem then is me acknowledging myself. But truth be told I should be able to acknowledge and feel grateful for just being without the website and external acknowledgment. That's the root problem of this equation and has been ever since I was a little boy. Which has been added on to over the years which has made a strong impression in my subconscious. Half a lifetime approximately living in self neglect. It has never mattered what I've done or created over the years as I've never given myself credit for anything. I have not filled my cup. And if you think about it? If I was brought up under loving conditions I would have gotten my cup filled at home. And furthermore I would have learned to fill it myself and thus I would have lived in love with myself and probably would have been working with music and writing because that's what I'm passionate about. I would simply have been someone who believed in themselves with gratitude and appreciation not questioning myself so much all the time.

But that was not the case for me as so this is what I've been going thru to find my way back to a state of celebration for who I am. A young child doesn't even think about self love. A young child doesn't even reflect on gratitude and appreciation in relation to themselves. That's all natural for a three year old kid. And then comes all the conditioning and control which makes them question their own nature. And programming of destruction in being impressed on the subconscious as they live in a fearful world. That fear is not something external. That's the fear of the caretakers not being true to themselves living with negative subconscious conditioning which they carry over to the child as they instruct the child how to live a good life. But that's all they know. The problem is the parent not being humble and spiritually connected. If they where they would understand from a greater perspective and let the child stay in touch with their inner guidance and intuition and blossom to become a more true representation of their authentic and natural expression.

Something that I as a 41 year young dude is doing right now. Something that I could have done earlier in my life if the world was in understanding about what a human experience is all about. And not drugging people and stating that they are mentally ill. Nobody is mentally ill? We are just in grave misunderstanding about ourselves and unfolding right where we are. So what we need is guidance which is available continuously in a relationship with God. In a relationship with soul and intuition. And as I sit here writing this piece this very morning I am once again reminded to have faith. I am once again reminded to speak great things over myself and trust that the power of love and the source of all creation has a plan for me. And that plan will unfold in front of me beneath my feet as I live in gratitude and appreciation for myself. What I do and create is fantastic! The website is such a beautiful expression of love for all of humanity. I've done it with artwork and I've done it with humour. I've done it with emotions and I've done it with genius to be perfectly honest. My website transmutation.se is one of a kind. And I mean that literally. It's kindness as is human kindness. When I relax and find peace of mind that's what God keeps telling me about everything I've created. And God is asking me to feel the same for it. And as I said I could not have created something like this without my heart and soul which is a reflection of who I am. So what God keeps telling me is that I should feel so proud for what I've done and become because they're both one and the same! What God is telling me is that the whole universe is in such gratitude and appreciation for what I have done and for who I am. So I must put my judgement aside and join that celebration! And feel great about myself! Because I am! I am such a sweet, loving, kind & compassionate guy who wants the entire human race to come together just like I want myself to come together. And when you understand that life is all about the inside out you clearly see that those two are one and the same. And that's what the website is all about.

We are the world! We are the children! We are the ones who make a better day so let's start giving!

We get what we give! So you gotta give yourself credit. You gotta fill your cup and that becomes reflected back to you. It's just all this Ego nonsense that's in the way with all the comparison. We don't have to compare ourselves to each other and should never do that in relation to loving ourselves. We have to love and celebrate ourselves in relation to ourselves.

We are so busy with plucking our eyebrows, with mowing the lawn, with keeping the kitchen in a condition that it looks like it's never been used. We wash the car once a week and we dress our kids in new clothes all the time or else we feel like failures as parents.

But what the fuck does that all matter when we feel like shit inside?

And the beautiful thing about feeling good inside is that you naturally take care of the outside and don't make a mess. You just live with less stress and put things in order after you've used them. A cluttered world is a cluttered mind. A mind full of stress is a mind full of misunderstandings. A whole heap of misunderstandings is coming from the land of confusion. And confusion is what is being created from the foundation of not understanding what life is all about.

Not understanding what life is all about is not understanding life. Not understanding life is not understanding the human experience. Not understanding the human experience is not understanding the laws of the universe in relation to the source of all creation.

Not understanding the laws of the universe in relation to the source of all creation is not having a relationship with it.

It's just like a man (masculine) not understanding his wife (feminine).

And to be honest he is a complete fucking idiot as he tries to understand that without having a relationship with her. So he tries to calculate everything without her. And thinks that they are having a great relationship as they have sex once a week. All physical and material. Not spiritual. The man and woman are both inside us all. The masculine (rational) needs a relationship with the feminine (emotional) which is all about feeling. Without feeling there is nothing humane. There will be no love? And that makes life pointless and something I don't wish to give credit to.

Can you see how you are the world? That you are the child? The you are the one that makes a better day as you start giving?

Which is giving it all up to God! The source of all creation which you connect to as you live a life of emotions and trust in love. And can you understand that this cannot happen without you having a deep relationship which is emotional and spiritual so you can't stay inside your head. You need to acknowledge love for love to exist. If we take the perspective of the man having difficulties deepening his relationship with his wife again we can clearly see that all the things he loves and adores about her is nonexistent if he doesn't share them with her. And she is all love and doesn't want to drag appreciation and gratitude out from this moron so she waits for him to do so himself.

That's your relationship with God! God is LOVE!!!!!!!

Are you embarrassed? Does it feel awkward? Do you feel ashamed?
Well.. Go back to work idiot. And work hard as hell. Work until you bleed.

You are missing the point. You need to work on yourself and become more humble and grateful so that you appreciate the love in your life. Or else you'll be working in a coal mine with terrible conditions.

I hear my neighbors screaming. It's the mother sounding like a demon and I hear her son trying to calmly reply. She is screaming so much because there is something her son is not doing in relation to her acknowledging herself as a fantastic mother. And she is so frustrated over this because she makes that all about her but screams at him. Total confusion and immaturity. I know because I've done it. I've felt the same. I misunderstood that myself. As I was struggling to appreciate myself and wasn't ready to have any kids. That's the bottom line. Just because the sperm is there and the egg is receptive doesn't mean that we are ready to raise kids. No SirMam.. I wish I could help them. But that would just become an Ego attack. She feels like such a failure. And in a sense that is true because she fails to understand what's going on in her human experience. Perhaps she's not being appreciated and shown gratitude? But that is all about her. That's the failure in everyone's life. As we acknowledge ourselves we can acknowledge others. And then we won't be screaming and fighting. And then we won't have any wars. Because what I hear is a miniature war next door. But the manifestation is a conflict between nations in a larger perspective. The masculine not understanding the feminine because of a neglected emotional relationship. In one human being and in all of humanity.

You can find peace in humility all the time. Or you fight and state your point of view until the consequences become very destructive. Or we talk and become compassionate to feel for the others experience which isn't our own. So there is no comparison. And from there we look at what is right. Not whom is right.

The feminine hemisphere is located on the right side of the brain. The right way to go is emotional if we wish to live in a humane world. The masculine hemisphere is located on the left side of the brain and is the way to go if we want to reinforce structure and control without emotions that makes for total confusion in relation to an emotional being. And that will result in a great deal of frustration and destructive consequences like screaming, hitting, killing.

We all must have a mutual intent. And there is no other way than having a mutual soul intention. Because that's all love. That's all heart. And we succeed together.

If you want to complement your wife by giving her flowers and taking her out to dinner between all your hard work? You can actually become more loving in relation to yourself and give yourself love. Affirm and acknowledge the love within you. And when you do you become more loving and true in relation to who you truly are. And as you do this you will have so much love inside you that you just want to give that away! And that is something that could help a mother who feels lost and screams at her son. So both of you will benefit from acknowledging yourself from the inside out. But also receiving love from the outside in.

We love material gifts. Like flowers and dinners. We love gifts such as intimacy with each other. But non of that is lovely and becomes completely material without soul. That's all empty.

We are soul. So to be more connected to soul. Connected to God. Will make for a loving human experience whatever we are doing. Let your heart in on everything you do and everything comes true. Because you will be true. Someone feminine feels this more effortlessly as they are more feminine. As someone masculine you need to tell yourself what is true about yourself more to be able to give it away.

Fill your heart with love. Fill your cup. Keep stating what is beautiful and positive about you. And if you feel that these statements aren't true? Well..Maybe you need to look at yourself in the mirror of love and make a change. Just like Michael Jackson sang about. You wanna work hard and provide for your family, but all of that is pretty worthless without love. Before you know it you've worked all your life and now it's over. That's not a life well spent. If you aren't working for love.

There is no relationship to mend other than the relationship you have with yourself. I have been trying to change others for years and judging them for what they do wrong. But all of that has been me wishing the best for them and trying to change how they behave only failing to be a truthful role model and change the very same behavior inside myself.

Over the years I've had different jobs as a chef. And at some of them we were given flower arrangements for Christmas and other seasonal shifts. And I always said thank you with such ungratefulness and afterwards I instantly threw the flowers away straight into the garbage.

Now was I ungrateful for receiving flowers? Was I ungrateful for them acknowledging my work? No! It all stems from my convictions about myself. How I feel about myself. The flowers going straight into the garbage could have been with me included. For about 40 years I've been living in destruction. For a subconscious conviction telling me that I am not worthy, that I am not loved and that I am not appreciated. So that's what I manifested. I created from my general state of feeling.

Thoughts of something else have been around for years as well but the subconscious conviction has remained the same. So despite my dreams I've sabotaged myself in realizing them. We get what we give and I could not have been given anything growing up from somebody who did not have this themselves. So why continue to blame anyone. It is what it is. And what I necessary is me taking responsibility to change my own convictions from negative to positive.

And speak what God says about me. Speak love over myself. And keep praying for guidance and assistance to become more of who I truly am. And most importantly forget about the past! Just forget about it. See it for what it was and understand what it created inside me and forgive everyone including myself. And move on!

Be a lone wolf all hungry for love for a while. But don't eat yesterday's garbage flowers as this will only keep the wounds open. The scars will always be there. You can't do anything about that. And if you feel a ton of sadness for what has happened then cry! Cry and ask for forgiveness.

Because you feel sorry for trying to change the outside world and you feel sorry for neglecting yourself. You feel sorry for mistreating yourself. You feel sorry for talking bad about yourself. You feel sorry for dimming your light.

But a new day will come..

And that day will come when you are ready love..

When you are ready to love again.

We get what we give. So to make it work this time it's better if you work properly and love yourself.

Or else you will find someone just like you that is in need of love but is empty as you go. Just like you..

It's alright to miss someone when they aren't around. We love them..

But if you feel like dying all alone then you need to love yourself.

You are loved. You are beautiful. You are worthy of all the love in the world.

Start by saying that right now!

I am loved. I am beautiful. I am worthy of all the love in the world.

And give yourself love as you say these words with focus on your heart.

Nobody has gone thru exactly what you've done. But there is someone out there, that has from their personal experience come to a greater understanding just like you. And together you will experience so much love. From a deeper emotional understanding.

She's a dream. Just like you.

If the future would arrive today with all of what you dream of you'd be happy. And you would forget about the past. So if you think about that? What makes for future dreams to become a reality? Be happy and let go of the past. I know it seems so simple but that's the reality of life. Because you hold yourself hostage in convictions. You hold yourself in a vacuum of space and prevent life to unfold naturally as you aren't a part of it. So move! Get up and live life in gratitude and appreciation. There comes a time when you've suffered enough. And that is your choice. All in relation to understanding, forgiving and letting go. As you wish to be released and experience the new you cannot hold on. That's a double-standard.

Who knows what's gonna happen? Anything can happen? Anything can happen and for a reason! For your development and unfolding to become and experience more of what you want. So focus on that!

Focus all your energy on what you want instead of what makes you feel bad.

You want to feel good! So focus on what makes you feel good! And do things that makes you feel good! You get what you give!

Things didn't work out OK. What did you learn from that? Now do better.

And life will become better!

Ask God to remove what is not serving you. Ask God to release you from resistance and let you go as you wish to receive the new and meet your destiny.

When you become a success is when all is forgiven inside yourself. Others, yourself and all of your history. That's in the past. So let that go now. Release yourself.

Just like a joyful expecting mother all in love that can't wait to receive her own child! So much happiness and love! No worry, all faith in nature and in God that everything will be fantastic! A strong trust in the power of love.

Supporting growth, just like you.

State to God:

I am ready to receive the new! I am ready to receive the new!

A very difficult part for me as a man has been in relation to what I like. I love emotions, I love conversations, I love colors and I love sweet music. I love sensuality and I love sharing the moment. I love soul connection and I love children. I love to be as human as possible and all of that becomes so extremely demanding when there is a stereotype of sexuality associated with loving behaviors. Whoever began to state that all of the above is homosexual deserves to fry in hell. I am all of the above but I am not sexually attracted to men. I am just true to what I like and how I feel. I am not immature and hide behind insecurity. Perhaps the one stating something like this is insecure about there own sexuality?

Or maybe they are just completely absorbed in identity being sexual. There is no sexual identity! That's the truth of it all. There is no identity in your sexuality. You can either identify with something that you are not or you can identify with truth. The truth is that you are soul. You are pure love. That's what you are. What you prefer and like outside of that is never an identity. Just because you drive a truck doesn't make you a truck driver 24/7, 365 until you die. Just because you like to have sex with someone doesn't make you sexual in that fashion 24/7, 365 until you die.

There is something wrong with you if you live your life like that???

And that's never in relation to what you prefer???

It's just about the identity part that is forever and ever a lie.

I love women! I am crazy about women! They are the most gorgeous creatures on the planet and I am attracted to so many of them. But if I feel curious I can hook up with a guy that is sexually attracted to guys and try it? Why not? Try it and see what you feel about it.

I did that.

I called a guy like that and went over for a nice evening with conversations and some wine. It was a nice time and time ran by quickly so I asked if I could sleep over. He said sure and we decided that I would sleep next to him in his big bed. And so I did. And I felt no sexual interest whatsoever. I just had a sleep over. And the next morning I borrowed his shower and went for a stroll back home.

No problem.

I can do something like that because I am secure about myself. For me this was as asexual as it can be. It was like I had a sleep over at my brothers or something.

I gotta get some rest right now. In two hours I got an appointment for acupuncture. Whom I intend to persuade to place the needle in a specific area that hurts very much right now. It's at the equivalent of the base of the spine as the ears mirror this and connects with all the nerves n stuff.. I am not a pro.

I hope they will listen and not tell me what is best for me. People often do.

The feminine wants to see the world. The feminine what's to try everything. The feminine wants to be out and about. The feminine wants to be free and do what feels good. And the feminine doesn't want to question that in relation to anything preconceived. That's not freedom.

When the feminine feels safe the feminine is open for anything. And wants to try everything as long as it's loving and a bit exiting.

I identify with that. That's how I want to live my life.

I want to push my boundaries and see what else I can do. I want to experience more. I want to live as much as possible.

And that becomes such a pain when fear is at play.

Because it hold everything back.

And that creates pressure.

And pressure creates anxiety and worry to perform.

So you want to do it all but you don't want to do anything you don't want?

Does that make sense to you?

You want to do everything but you don't want to go against your own will.

So what do you want then?

The answer is: You find out.

You try things out. You live life. What you have as an obstacle and what is keeping your from doing that is fear. And that is something you have to go against. Because if you don't go against fear? Fear will rise within you and build up. And over time that fear will become so strong that you fear talking to other people on the street. Everything new becomes terrifying! Everything becomes a death threat!

But you gotta kill IT. That's what's happening. Just kill IT. Go against IT completely fearless and kill IT. Don't think. Just do IT. FUCK IT! And then you did IT. Totally confident that you will deliver what is what you have to offer. Done IT.

No script. No nothing. Just do IT. Before IT does you.

Entertain fear inside you long enough and you'll close up and become alone. All in fear and all in tension and worry. And we all love to fuck don't we? It feels great!

So fuck IT!

Do whatever you feel like and that will make you feel great about yourself.

All of this waiting for the right time will never come. There isn't a perfect time for anything. So just do it. And you'll grow from every time you've done IT. And you'll get better as in becoming more comfortable to deliver something genuine as you are more authentic and comfortable in being yourself.

No shame!

No guilt!

Just be who you are. The way that you are. Your unique expression.

And take up space on stage. Or support others that wish to have the leading roll.

If you support others having the leading roll you still have the leading roll in support those people. We all Starr!

Nobody makes it without other people. Even if you create all by yourself you still need fans. You still need connections and support as you venture out into the world with your act. And those people that are supporting you are stars in what they're doing. Everyone is a star!

Because they are brave to do what they want and does that well. Star quality!

If you live your life doing what you want and feel good about yourself than please by some star stickers and place them on your forehead! I salute you! POW!

You are a fantastic human being contributing to a world of love! For real! I wish to support you with inspiration and loving words just to make you realize even more what a fantastic and wonderful human being you are. And what a great job you do in loving and appreciating yourself. You feel grateful for who you are and I support all that God is about! So I'm your biggest fan! Thank you for loving yourself! WOW!

If you haven't struggled with this as much and come from a loving family with a mother and father that could give what they truly had then you are one lucky human being let me tell ya!

You do not have to spend over 40 years coming up to the surface of feeling good enough. You were never pushed down below the surface in "the name of love".

You've got it made!

All you have to do is dream and create!

You don't have to work with a destructive subconscious like dead weights as you wish to shine in the sun.

There truly isn't a world outside of you.

The whole world is a reflection of a perception that you can change if you wish.

How you perceive yourself will make you feel a certain way about yourself which is all chemicals mixed to match that perception.

You can change your perception right now and act like someone completely different. Act like that often enough and you'll become that instead of what you were.

Affirm that you are happy and grateful despite your current circumstances and the universe will give you more to be happy about. Affirm that everything is going straight to hell and everything will.

What I suffer from and has always suffered from is this:

Feeling Good Enough.

Because I haven't given myself any credit for anything. So the next thing I create will always be what affirms my worth and thus I must create like a maniac all the time.

And that raises the bar continuously so I will never be able to meet my own standard of what is Good Enough.

Can you see the dilemma right there?

To put that in a very clear context I could eventually learn to design a spaceship and make it work as I fly to the moon but not feel Good Enough because that's only kool for a week and I haven't built something that takes me to Saturn.

But I am not what I achieve in performance.

I need to tell myself that I am Good Enough just for being me.

I have been raised under conditions that told me I wasn't worth seeing and also continuously controlled and evaluated based on my performance.

And that's how a continued to treat myself for years.

I still do it.

It's called transmutation.se

So where is the limit?

I believe the limit is when I can't take it anymore and kill myself. Honestly.
That's my limit.

That's what I'm trying to prove.

And I invest so much in it that it eventually becomes something that either has to succeed or I die.

But to be truthful about my own view and perception of the website and everything created. I feel that it's a beautiful creation. It's very giving and informative. It's very grand perspective and humane. It's very open and honest.
It's very kind and compassionate.

It's very valuable for understanding oneself and this human experience. I have no doubts in the website, I believe everything written about truth that's on there.

So why not believe and value myself then.

I am compassionate.

I am wonderful.

I am fantastic.

I am kind.

I am giving.

I am loving.

I am valuable.

I am worthy.

I want to live a rich life and see the world.
All my hard work is something that should be reflected in
what I receive.

I deserve a second chance and I deserve a good life.

So please, help me God.

Make my wish come true.

I ask you to make my dream come true God.

Thank you.

I love you.

I love you.

Cue Morgan Freeman

To God you are a funny little character.

Who makes everything so serious all the time.

And just like anyone wanting anything. They aren't supposed to be getting it from kicking and screaming. Nor feeling sorry for themselves.

They should receive it in content. Which all about feeling worthy and in gratitude. From feeling accomplished and assembled. Not as a fix for a "broken you".

You want it because it will make you feel better from a state of feeling good. To make everything and everyone feel better.

So we both feel great!

Please God..Pretty please!
Make my wish come true.

For the greater good in the hood.

Would should could hood? 411 Hello?
- God's Office - Prayer Repair. How may I help you?

Yeah Hi! I think I got it now. Can we run a test on
transmutation.se?

!BOOM!