

# CONVERTED NOT PERVERTED

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BASIC INSTRUCTIONS  
BEFORE LEAVING EARTH

- I LOVE IT!

- YOUR ARMS WILL ALWAYS BE TOO SHORT

# SUCH A LOOSER

When I study others online to learn more about myself I see a problem as they post videos about things coming to pass but never seem to do that.

And the main problem I feel is not being grateful.

When not being grateful we loose.  
And we continue to loose as to learn.  
We long for so much more..  
But we do it in lack.

Yet. As we are alive we've already won.

We need to feel successful in the general state of loving to be alive and feeling grateful for love as is. That's something that is effortless and simply happens. If you do not hold any resentment. Or stress about a future.

It truly is as simple as that.  
But we can't make it.

That's the problem living as a producer. Performer. Achiever.

We don't make life happen.  
We allow for it.

And in this moment everything is perfect without any resentment or trying to reach the future before it gets here. So what is needed then? De-stress. The only antidote. All natural and works like a charm. Because it makes everything charming. From being present you see the cosmic humour. You can see how devaluating yourself makes for circumstances of loss. You can see how stressing to arrive in the future pushes it away instead. It's like the future tries to get away from you because you're not grateful in the now and therefor should naturally not receive the desired future because that in essence goes against life.

It's like:

'I will be so happy and so grateful once this happens!'

But this is a reset.  
And a reset gets you ready.  
So you need to learn.

To stop squirming.

And to not have a problem with love.  
Joyful expectancy! About everything.  
Not just about what you dream about.

As I wrote 'Joyful expectancy' a car-horn honked outside.  
That's not a coincidence.

It's alright to feel excited. But I truly recommend not getting super excited about something specific. Because chances are that it leaves you suffering as it doesn't come to pass this very day or even week. And if you keep doing this over and over it will leave you drained and in loss. Defeated. By the power actually misused.

You can add a bit of excitement.  
In general. In relation to being alive.

Like: This is an exciting life. I feel a little adventurous!

And this is more manageable.  
You can actually keep this up.  
Without draining yourself.

And this is going with the flow.  
Staying in the stream.

Life is not about river rafting going a hundred miles per hour.  
Water has a natural pace to it going forward. It's always going forward. Onward.  
It's transparent. It leaves everything behind. It makes no judgement regarding anything. And it looks forward and accepts what's coming.

Everything is energy.

And what you hold on to is negative energy. If you wish to receive this reset?  
If you wish to receive the new?

It's not negative at all if you feel OK about staying the same with all the same  
circumstances and all the same things.

But you can't go against yourself on this either.  
You feel what you feel. The desire to move on.  
The desire to receive and experience the new.

So you gotta let go.

You have to.

You have to let go of everything.  
As this makes you go with the flow.

This is hard feeling sorry. So allow for grieving.  
You don't wanna leave in despair. And won't let yourself do that either.  
You see it's all you.

It's not easy saying goodbye.

Especially when it feels like you're never gonna see each other again.  
Sometimes we grieve stuff as well. But need to let go of those too.

What is not mendable as of now needs to be left alone.  
And if that is meant to be healed is up to everyone involved.

But you as an individual needs to embrace the new and let go of the old.  
It's all energy. So it's all the old configuration. Which came together again in  
a different setting. Always.

The loser doing everything right is the winner.  
That's the story of Job.

It seems like life beats you up but it's really you beating yourself up.  
From not calming yourself. From stressing. From not being grateful in the present  
moment which is not enough to be for 5 minutes in the evening.

You get what you give.

So how do you feel about life in general thru out the day?

Do you fight it in relation to things that have happened not being fair?  
Do you get angry feeling that you deserve so much more than this?

Life is a mirror of love.

And cannot stress or judge.

God is omnipresent and all peace and joy.

If you can mimic that regardless of circumstances you are in the zone.

The love life zone.

- But that's hard! I smoke 2 packs a day and I eat antidepressants which block all  
of this and I play online poker to try to balance my economy!

**Strip search.**

That's my greatest advice.

And if you do not actively do this life will do it for you. Eventually.

There is nothing to be found. But it's hard to experience effortlessly with a lot of  
gravel. Love is right here. Not right there. And all you need is love. If you can  
manage to play/feel/just be successful in only that, things shall be added onto you.

Find the kingdom of heaven within.

I love it when she's on top.

So I don't mind having the greatest gift of all added on top of myself.

God. Source. Universe. Soul. Self. Inner Being. True you.

Will not give what you desire as to make you happy from feeling sorry.

It just won't happen.

It works out sometimes for people.

In relation to other people.

People who support this.

I strongly suggest not to do this.

Because you are feeding into an energy of spoiled rotten.

Which has its origin in feeling ungrateful for life.

And that's a root problem of not being grateful feeling worthy for the one you are.

Which is natural and effortless to experience without questioning anything at all.

So this you need to learn.

Which cannot be found in knowledge.

You can't add to make that comprehension.

You need to loose.

And realize your ways.

And truly see..

That all you need is love.

And that love is joy.

Nothing else.

So.. Love life. Say yes to life. Be grateful for everything. Don't be afraid to loose.  
People work themselves to death being scared of this. Dying with 5 million dollars  
not possible to use for a revival.

So maybe revive yourself before something like that?

Come alive.

Perhaps for the first time since you wuz 6 or 7?

I love to enjoy life.

I love to enjoy myself.

Regardless of what that is..

Which has always been my problem.  
As I was brought up to feel guilty for existing.

Imagine what a candy bar did to me?  
Imagine what lunch did to me?  
Imagine what a hug did to me?  
Imagine what a kiss did to me?  
Imagine what sex did to me?

Omg.. So much pain.

I have suffered so incredibly much pain.

All from not feeling allowed to enjoy anything.

And so I had to learn.  
By loosing everything.

Family. Friends. Money. Food. Home.

And still..

Not feeling punished.  
I stand in honor of my journey.  
For being strong in not giving up on love.  
And doing what I can as to share that with all of ya'll.

But it's clear to see what was necessary.

It could have called it all evil?  
But it would still be necessary.

How else could I have learned.

Today I am riding my bike down a few kilometers to donate clothes I no longer use. I haven't used them in a long time actually. Some over a year.

And I know this.

Which makes for debit.

Because I own something useless.

I have it. But I don't use it.

That's holding on to negative energy.

Can you see that? Can you feel that?

Yesterday I gave away all my cooking literature. About a hundred books a guess?  
To a culinary education program in a city nearby. She who came to pick them up  
gave me 2 boxes of chocolate she'd made. Wonderful. Chocolate hearts. I take  
those as a sign.

Life is like a box of chocolate..

You gotta be brave enough to try.  
And who knows? It might lead to you having a chocolate wonder added onto you  
laying down feeling like a king within yourself.

Ain't nothing wrong with that.  
That's wonderful. That's fantastic.  
That's so goood!



So what I do now is to **not** waste that energy by myself riding a skin escalator.  
And also not sitting around feeling sorry to the extent that my tears might  
eventually bring her to me in a self made river connecting us.

No.

Joyful expectancy!

Which can only happen by my own choice to be present and thus not really have  
to make life into such an effort feeling good about it.

It simply comes.

During the night before I woke up to write this I had a dream.

I had a dream I was sitting in the bathtub across from Johan Lloyd's father. My  
friend who passed away. And in this dream we found forgiveness for his dad  
taking some responsibility as to feeling that he could have done better raising  
him. But we we felt and understood in this space together was that people have a  
mind of their own. And this minds interprets and makes judgements.

So we cannot give a perfect upbringing ever.

There is nobody to blame.

I was not treated particularly nice.

But I understand why. You can only give what you have.

And what I was given was mainly my mothers own communication to herself  
regarding what she was in need on changing. And this is what she knows from  
experience has brought her trouble in life and really really does not wish for me  
to struggle with the same things. So she gives as to teach what she focuses on.

And hands over the family bullshit. Instead of converting it.

I have done the work for generations now.

Why I have struggled in life has been from their irresponsible way of not being  
humble to change. So it became a lot! It adds up.

But will make a tremendous impact!

As it becomes experienced.

In the world.

As truth.

Love.

God.

Life.

Without any ideology.

100% real.

Making suckers aware.

Making enablers choke.

Making robots human.

This is what I have been promised.

I this is what I now expect will come to pass.

If not.

Yeah that won't happen..

God will not flush my creation.

God will now grant me all.

Because I am the king within.

Hungry for chocolate.

Peace / One love ya'll.

/ Leo