

FAMILY MATTERS

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If somebody isn't feeling worthy for their own life. They are living in guilt.

If they have a child they will feel guilty for receiving that child.

When the child is doing wrong the parent gets frustrated as they wish for the child to do right for themselves.

But this mainly becomes a reflection of bad parenting as the parent aren't able to raise the child as in being positive and constructive coming from their own incapability of doing this to themselves.

So instead of treating the child with love, compassion and leading them to a better behavior. They scream and make the child feel bad which is all a projection of feeling inadequate as a parent which stems from feeling inadequate in relation to self.

What is really going on is immaturity.

The so called parent is not ready for a child. You cannot give what you do not have.

All what is impressed on the child's subconscious that is telling the child it's bad. Is all of the judgements and conviction the mom or dad has about themselves that they should transform into feeling good before they start telling anyone else how to behave & feel about themselves.

Also known as humility.

We all react. We all react in frustration.

But as a human being not feeling worthy of life. Constantly feeling bad about themselves working an 8 hour a day job, trying to get the economy working and also try to be inspiring and raising a child of love! The pressure is demanding. And that creates tension.

So when even the smallest of indication coming from the outside being perceived as dissatisfaction it becomes personal as the parent is already struggling with existential questioning.

This tornado of misunderstanding is difficult to comprehend as there is so much going on and so little time to emotionally reflect in all honesty. Emotional understanding takes its time. You can't ever stress that.

So the best thing to do is actually to deal with all of this prior to, not only having a child, but to engage in a romantic (outside of oneself) relationship at all. Because that romantic relationship and furthermore the conceived child, will all become the love that is actually missing inside.

Which stresses them! As they have to perform perfect now being the only acknowledgment of love.

It's not on purpose. It's all happening unaware.

But the root cause of it all is not acknowledging oneself and living in a loving, compassionate and supportive relationship alone.

In all humility and for the sake of all human beings we need to know what love is. And we need to know that loving and appreciating ourselves will make it possible to actually lead someone else as we are capable of leading ourselves.

A human being living in an unhealthy relationship with themselves will not be able to live in a healthy relationship outside of themselves. Hands on heart. That's the truth.

So all the anger and frustration is actually about everything dysfunctional inside ourselves primarily. When we've corrected that we can teach that.

Now we can give that away as we possess that ourselves. We've matured.

What makes for all of that to happen is to be intuitive. To listen emotionally and be humble before God. To receive love you need to be connected to love.

God is Love.

Or else the mind takes over which has no emotional understanding and destructive consequences happen.

I am a sensitive human being. When I child cries outside on the street from my apartment I feel that sorrow in my heart. When someone drops something on the floor above from me my heart jumps a bit.

So imagine the impact it had on me when somebody raised their voice and called me bad. Many times. For many years.

And then I received a daughter. That mainly became painful in my experience. As I just wanted to give back all the love that she in all innocence is. But that was extremely hard for me. As I could not acknowledge and give myself love.

So the pain became her fault. Can you see that? As I reacted strongly whenever she communicated dissatisfaction. As that became proof of my inadequacy as a parent. All coming from my troubled mind living with existential questions given my unfair treatment coming from a mother with the same problem. So I became my mother.

I passed on the family guilt.

Instead of looking at myself. But that was so hard.. As I was so busy! With life.

So I lost my family.

Because I wasn't worthy of them.

(My own perception, a reflection of my own self worth)

I don't see them anymore right now. Because I behaved in frustration and sabotaged even further to prove my unworthiness to myself.

We get what we deserve. I was punished.

By myself in complete misunderstanding of what was actually going on inside me.

But I am writing this now. So I get it.

And what I wish is for others to see this. And understand that kids aren't broken.

Parents aren't either. Grown ups aren't either.

But you see I was never a parent or a grown up. I was a traumatized and hurt child trying to act the part of maturity all in theory but not in reality. Because I lacked the most fundamental thing that makes for all understanding which is emotional.

The child is my reflection. My daughter is my reflection.

And what I refuse to deal with in relation to myself I will project on her. That's the way the story goes. The same goes for mother and son.

Mother + Son. Son (Now father) + Daughter. For eternity.

It's easier with my son. Because he is not a part of how my other treated me. So what my mother failed to give me. I fail to give myself and also fail to give my daughter.

What could have made a change for me was for my mother to learn about love and true care before she met my dad and got pregnant with me.

In all honesty she would have met someone else. Because in a universe of attraction we meet our own reflection to learn. So you see that both my parents could have studied themselves together and grown to be more mature before they had me and my sister.

And both she and I would have been treated differently.

We would have been cared for with love and compassion actually raising us to believe in ourselves and acknowledging ourselves from the inside out.

We would've learned to treat ourselves right!

And I would still be a part of my lovely daughters life being able to lead her to love within herself, as I would be capable in all humility and experience to lead myself.

This is all very beautiful to me. It brings tears to my eyes as I write all of this.

My greatest wish with this document is for the whole world to read it.

And I wish for the reader to come to love. Not to punishment.

We all make mistakes. Sometimes really big ones as he try to handle a living human being when we in all honestly have difficulty handling ourselves.

So what I have realized is that I must forgive myself. As I did not understand this prior to my actions. So how could I ever have done anything different and more constructive!?

I simply could not.

I can hold myself guilty for this the rest of my life. Or I can forgive myself and begin to change as to acknowledge myself and actually learn to love myself. What was the main problem before was that I was never feeling good about myself at all. And I never gave myself credit for anything. But then again I didn't feel worthy.

So I tried to be somebody. I held a facade of maintaining success. Superficially.

But the true success in all of what life is, is actually about is love.

And that is in relation to yourself. Primarily.

That's a success story no matter who you are and what you do!.And that recipe for success is something that you can hand over in celebration to your children.

So that's what I do here!

Because to me we're all family!

So here you go! Love for free!

Don't be mad when you play the game. Learn the rules and follow them. And maybe come to realize that you are messing up the game in lack of humility.

The rules are simple. They actually are.
Be honest. Stay true. Learn what love is.

What are your results? As the continuous game unfolds. Look at yourself.

And for God's sake relate. Humility is nowhere to be attained. Neither is gratitude. Both of those combined we call love. And by we I mean humanity.

Some come back! Again and again..

To love 

We all deserve all the love in the world. And even though we might think that. We actually need to feel for it. Return to innocence. Rid ourselves of guilt and naturally feel worthy of receiving all we could ever dream of. Like holding somebody's hand and giving them a kiss feeling loved. You can kiss yourself in the mirror but that's not the real deal. But in a sense you should come from that place. Of loving and appreciating yourself. Feeling good or even great about yourself! On the surface of the earth are endless possibilities. So come up there before you offspring. And everything will be better. You might walk among everyone else, but if your heart is in a dungeon you are imprisoned. So find freedom within. That's the real diamond you don't have to dig for in the material dirt. You just gotta clean your act as you are the precious gem. Trust me? Nah.. Trust Love. God is Love. Making it all alright again. - Humble before God. Try to understand that as God is Love. Naturally.

You can walk around feeling like a million bucks! In both debit or credit.

One of those is a lie.

**What makes for a beautiful life.
Is a true reflection.**

So please don't cheat in the game of love. You might not see it! But you'll always lose with dirty hands. As God is all seeing and you are God. You can't hide from yourself. Anywhere you go, there you are.

A great life waits for you.
When you feel great about yourself!

Which is not possible with a double standard coming from defending the lie trying to get away from responsibility. A nice car, a nice house, a beautiful partner & wonderful children are only adding up to what you owe as you feel guilty for living.

What made my life turn around and actually crash was me. It was my own desire and wish to know the truth. To learn what love is. So how am I supposed to do that without experience???

Read it in a book?
Look at the specs of my humanity?

So does that make all I've written useless? If you can't find emotional understanding from theory? Nah it's not useless, it's actually a gift of love. For you to see the origin of things. Like the Genesis of whatever.

'I've been talking to Jesus! All my life! And he's been telling me everything's gonna be alright!' - Because : I AM

/ Leo Rosenblad   