

HONESTLY:
WATT'S IN YO' CUP?
..in everything you do..



DO EVERYTHING IN LOVE
GIVE YOURSELF WATT U WISH

transmutation.se

HONESTLY..

..is not in relation to achievement & performance.
It's all about what you allow to be energized within yourself.

'Cause..

U GETT WATT U GIVE

People think a lot about what other people think of them.
Which is in truth thinking about yourself all the time.

Only giving away your power as to be approved by someone else which won't create yourself. That's something that you do in relation to yourself.

So review and consider yourself.

If you loose all comparison and wish for others to do the same as to live in self appreciation is not at all selfish and ego in a destructive conduct.

That's actually very good manors in relation to yourself and in relation to others.

Behaving positive in giving yourself to yourself and truly wish for others to stop comparing themselves as this is the honest destructive ego conductivity.

We get what we focus on. What we focus on with our attention.
Which feeds it with energy.

So not being ego makes for being ego.

Shining your light as a being of love accompanied by the mind makes for sunshine.

If that shades you? You are welcome to stand beside me.

That's your choice.

Fill your cup.

'Oh he's so full of himself!'

Yeah.

I am full of love.

Because I am.

I identify correctly.

I am loyal to my true self.

The one all shady ain't.

I don't have anything to do with that.

Well..

Except leading with example on how you're supposed to do it?

Which makes you uncomfortable and feel that I disrupt your comfort zone.

And for that I am a "terrible person"?

Please walk up to the nearest mirror and extend your middle finger looking at yourself. That's correct in that aspect.

Taking offense is all about Ego.

So are you offended by that experience with yourself in the mirror?

Or do you have the possibility to laugh at yourself?

..Not taking yourself so serious?

Sure you can.

And from there you can begin to look at yourself from a bit more objective standpoint regarding your own behavior.

Get inspired!

What is your passion!

Watt do you WANT to do!

The universe is just unconditional loving energy that makes anything possible.

From what you communicate to it.

So listen:

If you just wanna sit still and eat fruit.

That's all you wish to do.

You can do that.

If you do not entertain destruction inside you in relation to your desire.

You can do and have what you want.

That's the design.

But truth be told.

Most people would not find a life like that enjoyable.

So they would have a hard time being in opposition to themselves as to experience more in happiness and joy.

But in reality..

Yes.

Because what you communicate to the universe is what you communicate emotionally and will be assisted in making it a dream come true.

Because there is no separation of anything. So your dream coming true is your life.

What do you wish for your life to be about?

Who do you wanna become?

Super hard to create if you don't allow yourself to become someone you desire thinking that's all selfish and ego???

You wanna be a Doctor?

That's the same thing.

I've never gone to college.

I have never taken a writers class.

I have never taken music production.

I have never gone to art school.

I have no degree in English.

Everything I create is from my own ability to try and make the most of myself. With what I have. Because I can't stop!

I am passionate about this!

What really feeds my passion as I also feel lost and dark pretty often is sunshine and sweet fruit.

What people do not offer me where I live as much..

Because I am someone who talks crazy about the universe and if I wuz to visit a Doctor I'd probably be medicated as to kill my passion.

Yeah.

That's their speciality.

Dream killers.

But also you if you do not take responsibility in actually having a relationship with yourself. So what are they gonna do about that?

You have tremendous amounts of energy that you can't seem to focus on something constructive. Or maybe 500 things at once. That's not focused. So you need to learn and practice focus. Becoming a humble master inside your own system.

Or maybe you have a clear idea and feeling of what gets you passionate?

And you lack energy..

Where is that energy going?

Is it being drained?

That's your choice.

Ultimately.

You choose if your energy is invested or withdrawn.

In positive creation or complaining destruction.

That's all you with you.

Dark self perception.

Which can always be transformed.

Light perception.

Not ego.

And off you go!

Straight away!

One step in the right direction.

..Do you wonder what you're supposed to do right where you are?

If you ask in panic you will get a panic solution.

If you come to peace you will get a kind and peaceful solution.

But here's the thang.

You actually gotta do something about it.

I know I know!

Such a drag to live right..

So you are passionate about being a zombie?

Eating your own mind?

Letting your own mind eat you?

Until you die?

That's self destructive love.

Darkness.

Walking dead.

You ain't gotta become the next Michael Jackson.

You ain't gotta walk on the moon!

You just gotta be you!

You are waiting for that!

Haha!

You. Are. Waiting. For. You. To. Be. You.

Shining!

Brand new!

As in self invented.

Which becomes from self invitation.

You gotta invite yourself to this!

To what!!!!!!!!?????????

To life my dear!

Invite yourself to discover and transform yourself more!

It's a pain in the ass sometimes but all worth it!

It's called having a human experience!

Stuff in the ass can hurt.

Butt it can also be pleasurable.

Stress without care makes for one of those.

Guess which one?

Hmmmm.....

Laugh at yourself a bit.

Don't make yourself into such a priceless item.

Yet feel like the humble Queen of the Universe.

Treat yourself like Gold.

I envisioned myself like that when I woke up this morning snoozing a bit..

I saw myself lying there all in gold with diamonds and emeralds all over.

'There he goes again! Such a huge Ego!!!'..

What?

Nah..

I give myself love.
That's all.

I did not do that and at the same time envisioned you covered in shit with maggots without the possibility to breath?

That's you.

On you.

I sun.

You cloud.

HEY!!!!

Yes yes.. I am back.

Why you call middle of night again?

Hahaha I don't! It's God. God hooks me up.

You just seem to be online for it or sum?

Yeah yeah.. You got 5 dolla?

Nah man I got 3 sek.

What's that? You transfer? I give you Ramen.

Hahahaha!

Come on man!

I will give you when I come to Japan.

Japan! NIPPON SLIPPON!

I am Chinese!

Yeah right sorry.

But I live in Japan.

Haha you do!

Yes I live her all my life.

What?

You are born in Japan?

Yes.

Ok.

And you parents are fr..?

YES JAPAN!

But then you're no..

I'm Chinese!

Ok ok ok.

Calm down.

I am calm.

I just play with you.

Play of consciousness.

Yeah I know.

Who are you really?

Are you the girl on the bus?

Are you..?

.....

I dreamt of you.

I was on a bus in Japan.

And you sat next to me.

And I have never felt love like that in my entire life.

I'm crying now..

Because you are both fruit and sunshine.

You came to me.

Lucid dream..

Just like the other girl in America..

Who took my hand.

I have never felt love like that before either.

Also lucid..

Lucid. Suicide. Soul.

Connection.

Maybe we understand each other best. Maybe we connect the best?

Compatible from emotional experience.

That's how we evolve.
That's how love grows.

Honestly this is what I wish for the most..

I am passionate about what I do.

But it's pointless in just becoming some star or whatever.

I wanna be with love.

As much as possible.

And I am naturally worthy of it.
I have done some great work and I feel deserving of it.

.. I had a nap earlier today.

When I woke up this came to me:

21
22
23
24
25
26
27
28

December

Red
Orange
Yellow
Green
Blue
Violet
Light
Infinite

Winter solstice - Fear

Shame
Guilt
Acceptance
Star
Global
Love
SHINE!

It's the chakra week errbody!

Rebirth!

From previous investment.

Energy investment in subconscious impressions and creations.

My life right now is like the last end of the dynamite stick ignited before it blows.

For real.

People are shading me like crazy.

I've got those 3 SEK on my bank account.

I have not paid rent for 3 months.

I only have pasta and ketchup.

(Thank you Lisbeth)



So this must be it now!

And I do realize that this happens every single year.

It's always the same.

So errbody has the possibility every year in dedication as to self create themselves.

But no stress! It will backfire and can become very dangerous. For real.

This mind game is not to be taken lightly.

But trust me when I say that you are designed for your own challenge. You created it before you came here. So it's all in you. You just gotta be loyal in relation to self as to be presented with what you need where you are. Humble. Grateful. Don't stop affirming. And you will receive what takes you closer.

Magic.

Truly magical.

Wonderland.

For real.

Imagine if most people did this.

The big benefit from that would actually be a warmer and adventurous society.

A fun place to live.

And that's the design.

Which we piss on and work ourself to death instead.

All that energy is meant to be for self realization.

Not to drain you doing what you do not want.

So I am not advising anyone to quit their job.

But maybe look into what you wanna do?

And actually do it.

Let it transition.

What I've done is perhaps considered a bit nutz. But that's who I am. I feel like shit sometimes but I also enjoy the challenge to be honest. Not to live in agony feeling inflamed with demons hanging around. But I enjoy a challenge.

I look forward to more challenges!
But in a more positive light now!

Because I've made it up from the bottom.

With all of that resistance.

From everything ever since I was born.

Which made my destiny.

And challenged me.

As to become a voice, and expression & a light!

Of inspiration.

And that's the way life is.

You can do that too!

In your experience.

With what you can alchemize and transform into something good.

Yes you can!

Ask your soul.

Ask self.

Relate in reality.

Relate in love.

It grows more and more!

Which is actually you losing resistance more and more.

It's all right there.

You just fight yourself that's all.

..so how does it work?

You ask and listen what guidance comes to you.

And then act on that.

Nothing is off.

It might not be on point in relation to you that's all.

So in having this relationship with yourself you will get to know you.

And deepen that relationship making you do and create more what you want to do.

The universe wants the same thing.

God wants the same thing.

Soul wants the same thing.

Which is all you.

So that's you being true to you.

We have simply designed rational systems that go against that for a stable economic society. So this is what you're up against.

Which at the core is being up against the mind's conviction of how it's supposed to be as it's perhaps not as fluid and open.

Hence open your mind.

Free your mind but don't lose your mind.

But truth be told it will feel like that sometimes.

Then you find peace again and look at where you are and continue to affirm what you want and ask what you are supposed to be doing as of right now.

Sometimes that's resting.

Doing nothing at all.

And from a day or two like that!

Inspiration comes!

And you are back in business again.

The mind and body can only take so much.

It's super powerful but will just as a computer shut down from overheating.

So take some cold showers when things become too hectic. And drink plenty of water.

The mind's fuel is simple sugars.

So you gotta eat what makes that stable so the CPU can work with optimal conditions.

Like me eating pasta and ketchup.

Not super good in that aspect but I ain't got no choice right now.

And what I get from that is actually what I need as of where I currently is.

I don't complain.

I don't get mad at life.

I sit back.

I relax.

And I find a good feeling about myself.
I stay in my heart space and let the mind rest.

And then something like all of what I've written now comes out.

For myself but also for you.

Very loving.

With a Chinese Guy Japanese Girl.

All of it.

So honestly..

What are you allowing to be manifested in your life as in what are you allowing to be what happens inside yourself?

That will project and reflect in a non-judgemental universe in all giving energy of infinite possibility.

That's the definition of you get what you give.

Watt.

Energy.

With an accurate response.

Of what you give.

All of this has taken me all my life up until this point.

With super dedication for about 7 years.

Day and night.

7 days a week.

Which I feel is so worth it.

For all.

You see!

So incredibly Ego!

Giving all the most inspirational thing as to make the world better.

It is Ego in one sense. As I had to use my mind and allow for my personality to become in order to deliver what is needed in the world. But know that my core intention has always and still is about the message.

If you ask by now what the message is?

I strongly advice to restart at the top of transmutation.se
And also check out all my videos and listen to all the songs.

Because everything I've created is about the message.

That love is free.

And how we hold it hostage in a cage of fearing it.

Lost in translation with the misconception that sex is love.

All in incorrectly identifying ourselves.

So please do check out somethings maybe a few times before you do what prevents
anything good in the world.

Which is to judge.

Don't judge.

Be loving.

Be open.

Be accepting.

Be inspired.

Be moral.

Relate in humility and gratitude.

And all is given to the one who's not working with a hidden agenda doing dirty
business.

I want to live a great life!
With healthy food. Inspiring people.
Great music. And honesty.

A world of love.

If you wish to talk about sex with me in the context of either oral, anal, same or whatever?

I won't.

Because none of that exists for me.

For I me I call that sex.

Just sex.

Mmmm!

So you're open for anything!?

I don't think so.

I am interested in deepening that kind of relationship with someone to yeah.. We evolve sexually too. That's natural.

Or not, but that is something I believe goes hand in hand with not evolving anyway at all so..

If you are in a relationship with someone and you evolve on one plane like exclusively the sexual plane but nothing else?

Then you are not in a healthy loving relationship.

Simple as that.

Love!

Should be in focus.

Sex comes later.

Don't swap those.

It makes for a world of hurt. Truly.
With families of kids taking the shit for it.

In need of sorting themselves from all that misconception growing up with caretakers whom does not take care of themselves.

An individual not having a loving supporting relationship with themselves cannot have that in relation to someone else in a good way.

All is energy and love is supposed to give, more.

Not take. Ever.

So it's like Joey in F.R.I.E.N.D.S

The giving and the receiving

The receiving and the giving

And the..

And so on.

You get what you give.

Don't drain yourself if what isn't love.

How do you know that?

Well..

Are you good friends first?
Are you getting to know each other?

Or are you having bunny rabbit sex in all possible constellations for 6 months and then discover things about each other?

That's the usual way for most people whom cannot keep it cool and actually relate firstly with themselves and then others.

Hence the stressed of person looking for immediate satisfaction.

Honestly.

Kick's are nice. But in retrospect hurtful when love is left out.

Really hurtful.

What is love?

Baby don't hurt me!

Don't hurt me.

No more..

All you with you.

Then with other.

Then with kids.

= All good

If you wanna buy a swing set for them in the backyard and a swing set for yourselves in the bedroom. Who am I to judge?

If you wanna keep that halloween costume out trick or treating with the kids for a special night together as Sponge Bob and Patrick. Do it! Who cares.

Have fun.

Just don't show the kids.

It will mess them up like you wouldn't beleive!!!!

Most would agree to that!

Yes! No! Absolute not!

Yet we have free porn with people eating they own shit online.

People with issues.

And kids with internet connection and supercomputers in their pocket.

Honestly.

This makes we feel so good.

I feel soooo good doing this.

I can't stop and I won't shut up.

Because I am haunted wherever I go.

By the ghost of all Christmas whatever!

And I ain't Scrooge about it!

I give!

I give a shit!

I don't eat shit!

But I give a lot of shit!

I want shit to change!

And that's you.

And me.

Poo & pee.

So come one errbody let's clap those hands and give ourselves true and honest
comprehension of love!

For God's sake! Because God is Love!

YEAH!!!

YOU ARE NOT WHAT YOU DO.

YOU ARE WHAT YOU IS.

ALWAYS LOVE.

THEN YOU DO STUFF.

IN ALIGNMENT WITH THAT OR NOT.

BY CHOICE.

WE DESIRE MANY THINGS.

BUT ALL WE NEED IS LOVE.

THIS BECOMES DIFFICULT FOR SOME TO UNDERSTAND.

BUT ALL YOU TRULY NEED IS ACTUALLY LOVE.

AT THE CORE OF WHO YOU IS.

THEN YOU DESIRE WATER, FOOD, COMPANY, EXPERIENCES.
SO MANY THINGS.

BUT ALL YOU NEED IS LOVE.

DON'T BE NEEDY ABOUT THINGS. DON'T BE GREEDY ABOUT
THINGS. BUT BE CREEDY ABOUT ALL.

ARIGATO.

Credit Or Debit Creation:

WE ALWAYS DESIRE MORE...
(Truly)

Feeling Worthy
+ BUT ALL WE NEED?
IS
LOVE
FAIR

Desire more,
don't feel guilty.
We get what
we honestly
Deserve.

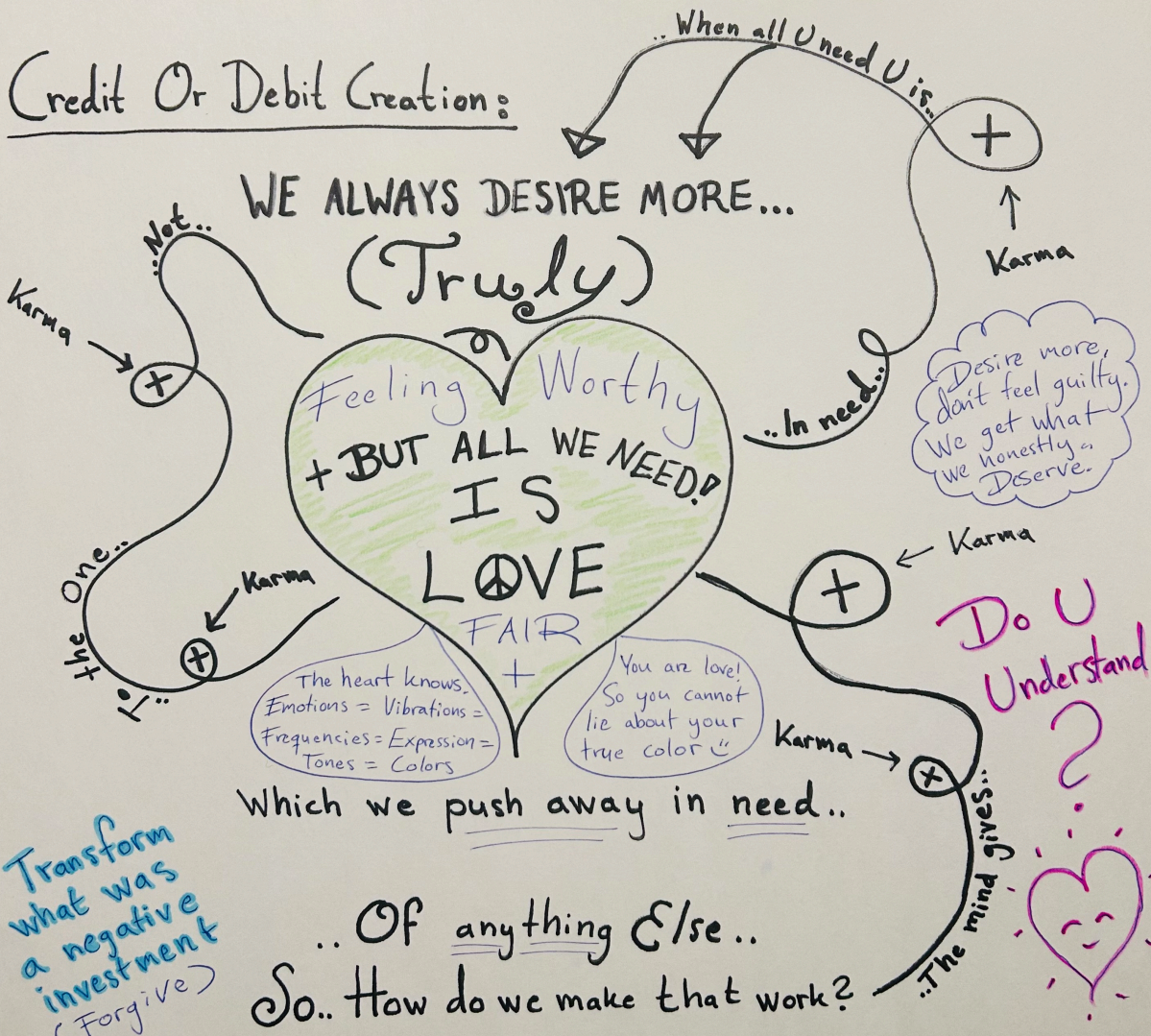
The heart knows.
Emotions = Vibrations =
Frequencies = Expression =
Tones = Colors

You are love!
So you cannot
lie about your
true color ☺

Transform
what was
a negative
investment
(Forgive)

Which we push away in need..

.. Of anything & / se ..
So.. How do we make that work?



..don't go to bed dead.

That shit is redundant.

Don't wake up dead either!

- How da hell do you wake up dead?

Because you're dead when you go to bed.

That's why you wake up dead in the first place.

Shit!

That's some David Cocker-spaniel shit right there!

You should blog dat shit!

I did.

I put that on my space.

transmutation.se

Thank you.

- Take my strong hand!

I took care of shit.

But I don't eat it!



Imaging getting stuck in the chimney receiving the gift of life.
That's a terrible subconscious impression fearing life.

So mom needs to be as ready as she can.

Not to give child birth initially.

But not to be a little girl in fear of nature.

Just like dad at the other end. Not a little boy in fear of self.

Same thing. Different strokes.

The Strings of life.

Everything can be fixed! Yes. In relating with humility.

Just know that all misconception affects the entire universe.

'Cause we are.. The Real World!

Lowest density of 3 dimensions.

Errbody feels the change.
Errbody's rooting! For errbody!

Better believe we gon get sum visits 😊

Kool! From me doin' da thang!

Wow.



We all chip in. But somebody has to be mature enough and just deliver for free.

Being love just is and all..

Don't be scared 😊 They all good whatevaz!

Honestly 💕

I need love in joy! And that's perfectly alright.

All of this came thru from one thing really..

I saw the potential.

I dreamed as big as I could.

4 real.

..Because I believed dreams come true..

Which turned into faith.

As I supported love,
As love supports me.

4eva.



You is the one you is now.
Like: I am the one I am,
Now. Not was or will be.
Which is free of negative
charge. Do what you need
as to feel that.
= Daft Punk
HighLife