

INTERNATIONAL DEMOGRAPHICS

Illumination Theory

**-When I woke up this morning,
I was in need of something.**



transmutation.se

WHAT IS PTSD?

It's the effect of a strong negatively perceived subconscious impression.
A bad, in relation to a good vibration being projected and presenting a life experience with opportunity for growth.

What makes for a good life is all about the perception which comes from the subconscious impression.

So what is needed is to change.

Change the impression from being perceived as something negative into something positive and the projection changes.

Still presenting a life experience with opportunity for growth but more and more from a position above the surface and not below ground.

Things aren't coming straight away.

The projection won't become all fireworks in one day.

But as you stay centered in your heart and keep stating what is true, positive & loving in relation to yourself. You feed your subconscious with all that makes for a strong positively perceived impression.

And what you are looking for in each and every day is actually to feel happy.
So if you state that you are:

Beautiful, Kind, Good enough, Loved, Worthy.

And as you make yourself feel happy with tears of gratitude rolling down your cheeks, you've made it.

And life goes on.

That's fairly simple I feel. And I thank God for that.
It's all dark history. Forgive and let go. Shine your own light.

💕 I love you 💕

The need I had when I woke up wasn't going to the bathroom?
I wasn't feeling particularly hungry? I wasn't thirsty?

What I was looking for as I've just woken up was relaxation.

Isn't that pretty fucked up?

I'm laying in my bed just woken up and I wish to relax???


What I'm looking for is love and a sense of security that everything is gonna be alright. That's what I'm looking for.

So God told me.

To have faith.

..And keep believing and things will turn around..

That's Gods promise.

Thank you God, I love you / Leo 

I was born in 1982. But that's my picture on the cover.
My kind and loving soul living in a rough world.

Everything is going to be alright

Everything get's better and better

I am loved and cared for, I am celebrated

I am, I am, I am!