What you create as in how you behave is all in success or destruction depending on your ability to recognize your own self-sabotage.

The self-sabotage is you just continuing to bully yourself as you've been bullied. All in the lack of understanding that this is all about teachings helping you to realize what you're actually doing to yourself and what can be done to feel better.

Everything happening is love.

Even all of the negative experiences because if you are killing yourself as in being negative. How else will you be able to change that if you aren't aware of your own behavior. You have to get notified by yourself.

If you aren't paying attention to those instructions coming from yourself the notification will be stronger and you will experience even more pain and trouble as you refused to be humble and look at what you're actually doing. Hopefully the pain will be so intense that you eventually give up. (Not killing yourself)

And that's surrendering to God. In all humility just giving up the charade of trying to know everything and not taking responsibility as you blame and condemn others.

And from that point change begins. You die to your own judgement (mentally).

As you stay loyal to God in gratitude and speak what God naturally speaks about you which is just a constant shower of appreciation and celebration you will become successful. The true success is always to live a life in happiness and joy which is all about being who you are and then you do and buy stuff.

Not to do and buy stuff and later check in on how you actually feel. That's an error code.

Please know that many parents are suffering their own subconscious impressions of negativity and truly should alter these before having children. That's the truth of the family matter.

But as kids now are around, they have a responsibility to change this which is all about humility. In coming to the humble realization that they actually don't know what love is. And learn that together with the rest of the world.

That's how we heal and come to truth. That's God, Jesus, Santa, Promised Child, The Dream Come True, and everything! As we are everything each and every one of us. There is no such thing as good or bad luck. It's a lack of emotional understanding that makes for chance, good or bad coincidences. But there are no coincidences. Everything happens for a reason and when you understand that you know about divine guidance. Higher dimensions of consciousness that is leading you to success. But you can't just sit around passive. You have to engage in your own life. And make the change yourself. It's like magic. But won't happen like magic. As you are the alchemist, the magician that does the trick.

Why this document is called 'Prescription' is because life happens from a script which is what is inside your subconscious mind. We prescribe our own experience as to the general perceived feelings impressed on the subconscious mind. That becomes the projection and also the reflection and that we call having and living a life.

The rational mind will think this is ridiculous and fight this. As it doesn't beleive in this at all. That's because it's all about evidence and proof. It needs to see things prior to anything happening. Which is ridiculous in and of itself.

And that's the spiritual side of everything. Believing in what we cannot see in front of us. But believing in our dreams. We can see it happen in our imagination and therefor it can happen in our physical reality.

So you see how the conviction needs to be there as well as the belief as this is the recipe for making things happen.

Why this takes a bit of time of because there is a natural order to things. And if this was to be disrupted we would be able to convince ourselves that the Apple could be bigger than the tree. And if that was as easy as just changing your mind over the coarse of one day you can easily imagine the ultimate chaos universally.

There would just be a single mess of everything!

So that's why a bit of structure is necessary as to give us planets, mountains, grass and trees for instance.

If not the trees would be small as grass and the grass would be big as and the mountains could talk and the planets we play dice with and the!!!! WAAAHHH!!!

But that doesn't make for you feeling happy and enjoying life an impossibility? Sweet love you Peautiful you Loved you

So leave the planets order, leave the trees growing, but if you wish than talk to a mountain. Because you know what? You'll be talking to yourself. And if you say loving things to that mountain it will bounce back at you. You get what you give. It doesn't have to be out loud. It doesn't matter as long as it makes you feel good. As long as you feel the love inside your heart as you do it. As you are just impersonating God within yourself using your inner voice. Speaking love over yourself. You see! You are using the energy for good inside yourself. And it makes a change. It just makes a bigger impact when you do it out loud as you make it official. You stand up for yourself! Holding your love, holding your heart most precious! In a demanding world full of pressure in performing up to a standard that is unnatural. That's deadly. So lower the bar. For you. For me. For the entire human race. And let the bit of funk and jazz be OK. Let's trash bin that Auto-Tune shall we.

What is serious creates tension and prevents flow = We die What is humorous creates relaxation and might make your face red, but = We live!

Love is the answer. Don't take that for granted. Like when someone smiles and says hi to you.

Do that back you stale bitch ass important office suit shit eating muthafucka! ALL HOLY?

WHAT DA FUCK IS GOIN ON INSIDE YO MIND? WHO DO YOU THINK YOU ARE?

Please connect with God.

Location: in your heart.

!FUCK THE GPS!

WANNA RIOT? Do that internally. Please! Why the anger? Well, people are dying.

These people are killing us. Make them small.

That's how you murder opposition.

Starvation, no energy. You da Star!