



Stuck?

Stick 'em up!

Held up!

Hold up!

The!

What?..

Detention.

The Tension.

Depressed.

The press.

The pressure, The tension.

The whatever.

The state.

Stuck.

Let go.

Of THE.

THE, is causing all the tension (detention) and depression (pressure).
The identification with a state of being identified with something being someone.

That isn't allowing things and themselves to change.

That can't let go of what has been.

What you lost that you wish would be a part of your life will not come back to you if you are stuck in how things and you where.

You have to let everything and everyone go.

Or else you cannot die to yourself and become the new version.

And that becomes so hard for the mind that it cannot see things working out in the future with whatever is to come. So it becomes all tensed and full of pressure.

Because it wants proof.

It wants evidence that things are gonna be great or else it won't let go.

Why?

Well the mind is all black and white and cannot understand what it cannot see.

It's based in survival and is holding on for dear life. Literally.

Like:

"Everything I love & Everyone I love will be lost forever"

Which is not the truth if you are doing what is right for you?

If you are following your calling and destiny of love which demands of you to let go of the old.

When you do that you will come out the other end as the new and improved version of yourself and that will feel great! And as you feel great you will attract everything that is meant for you.

Which includes everything and everyone that you love that now see what was going on inside you and what you where actually going for.

If they don't?

They are condemning themselves.

If you come out as a better version of who you used to be.

And people don't want anything to do with you?

That's on them.

That. Is on. Them.

So please go ahead and lose it all. Lose everything and everyone.

And just relax and lose yourself for a brief period of time and just let everything happen.

Just let go and let it happen.

Keep your peace and keep your conviction of positivity where you remind yourself all in love and compassion that all is well and all will be great.

And then you just let yourself die.

And fall..

A trustfall..

Not to a certain doom?

But to a certain bloom.

From everything you've created and done that was all positive and loving you can rest assured as in a metaphor descriptive of you bungee jumping falling backwards without a rope and as you do the world flips and the ground beneath you becomes the sky.

But try to tell that to a mind all black & white without any abstract capabilities. You have to be convincing to be able to persuade the mind that it's alright. That's why you can't force yourself as this creates tension.

You need to be compassionate and show yourself love all the way. That's how you beat? That how you conquer? Nah..

That is how you show and lead the rational mind taking its hand all in love saying
that all will be fine love.

We are gonna make it.

Trust me.

For I am pure love.

I would never hurt you.

Because I don't exist as a human being living a wonderful life without you.

And I love you and thank you for a great service.

But there has been a correction within our system.

You used to be the master and I used to be the slave.

But now the tables have turned and I am the master and you are my humble
servant whom I love and adore for its logistics and structural thinking.

I am soul and I am the artist formerly known as what that was in all aspects of my
identity.

But now I call myself something else and do what I want all in love.

Trust the process.

Because it is. And it takes a bit of time to free your mind.

Have a greater understanding for all of that.

And when you've done what you can to show yourself (the mind that identifies)
that you have sincerely changed? You allow change to take place

And you let go..

And you will die to your old you.

As you will be reborn as who you want to be.

Because you've corrected yourself.

From negative to positive.

Changed the game.

The universe will now start to respond.

As you now exist.

As what you've previously only dreamed of.

You have become true.

And so will the dream.

You are grateful and you are welcomed.

As The Rose That Grew From Concrete.

You did IT.

As a companion and as a friend.

For a greater good.

When does this time arrive?

You will feel it.

You will feel done as in accomplished in changing yourself.

How do I know that?

When you've let it all out.

To receive the new?

You have to rid yourself of the old.

So you express yourself until you get everything that has happened to you which includes all interactions and all the hurt. When you've come to a place of forgiveness for all.

Then you aren't holding on to anything anymore and can release yourself.

As the loving human being that you are.

And always have been.

Only you had to sort things out first that was speaking against you all in misconceptions of being good enough and loved.

And then you are free.

You are free to go.

To where your dream and destiny takes you.

As you are free.