

I AM



We Are All The One - But There Is Only One The The One : transmutation.se



I don't think that much about it.
I feel.

LOVE

Everything about this experience is about time yet completely timeless.
Because love is non-conceptual and unconditional.

So it's about living timeless yet right on time.

How is that possible?

When you try to do it? You instantly fail.
When you let go of it completely in defeat? You fail.

So what is there to gain which cannot be acquired by doing?

Being.
On time.

Right now.

Which you have the ability to tune yourself to, by focusing and controlling your
breath. Because this makes you in control of life. From the inside out.

And as a reward you experience the present moment.

And you win what you desire most!
Which is to live as much as possible.

When you stay here you feel love.
This is where love as pure as possible is.

And this is something you wish to share.
So to be able to share that as beautifully as possible?
You need to be prioritized and know what you want.

Which for me is, Honeybun.

This is what I wish for the most. But is never a possession.
Yet comes to me.. In dreamy obsession.

I need to have her in mind and heart as much as possible.

As attainable.

But not for certain.

She has a will of her own.

But as I have taken care of negative business. And as I feel as much love as I possibly can where I am despite circumstances. I dream of her.

Dreams of love.

And I shall devote my energy as to feel her presence in me as often as I can which means to not drain any energy in relation to anything else.

That's devotion to love.

Why else bother with anything?

I want other things to happen. But they are forever second on the list compared to the one and only true love.

I will "walk on water" for her.

As to prove myself loyal.

In relation to myself.

And conquer any doubt by letting doubts be.

This can take years. And why it takes years is because of resistance not dealt with. Making it hard to just be feeling good and in love on my own. So as well as I do this in dedication the easier it becomes to control myself.

Anyone can do. This by force.

Sure.

That's not loving.

That's dominating the system to get what you want.

That's not the same thing as being compassionate and in peace allowing for things to naturally happen. I will make her come into my experience. As I create to support my dream. I believe and know my dream to be real.

I control myself as to rest assured without worry.

And continue to dream of wonderful circumstances involving us together.

I can fantasize about whatever I desire for us too.

But a key ingredient in this creation is to stay with love as much as possible. Sex and love is not the same thing. And completely separate from each other.

So my dreams are in the nature of having fun in the back of a taxi maybe going someplace fun! Or enjoying a very beautiful evening somewhere calm with perfect weather. Maybe running from rain going to see art at a museum. Or getting popcorn about to watch a movie at the theater.

I can also see myself write poems about her.

I can also choose to do so right now.

Just to make me feel more love.

And in doing this in relation to her, well..

That's universal magic.

When I first saw your face, I knew, as I felt right away
As my heart could not seem to, keep you away
And I've written and asked for guidance for sure
I have not been searching for this love to cure

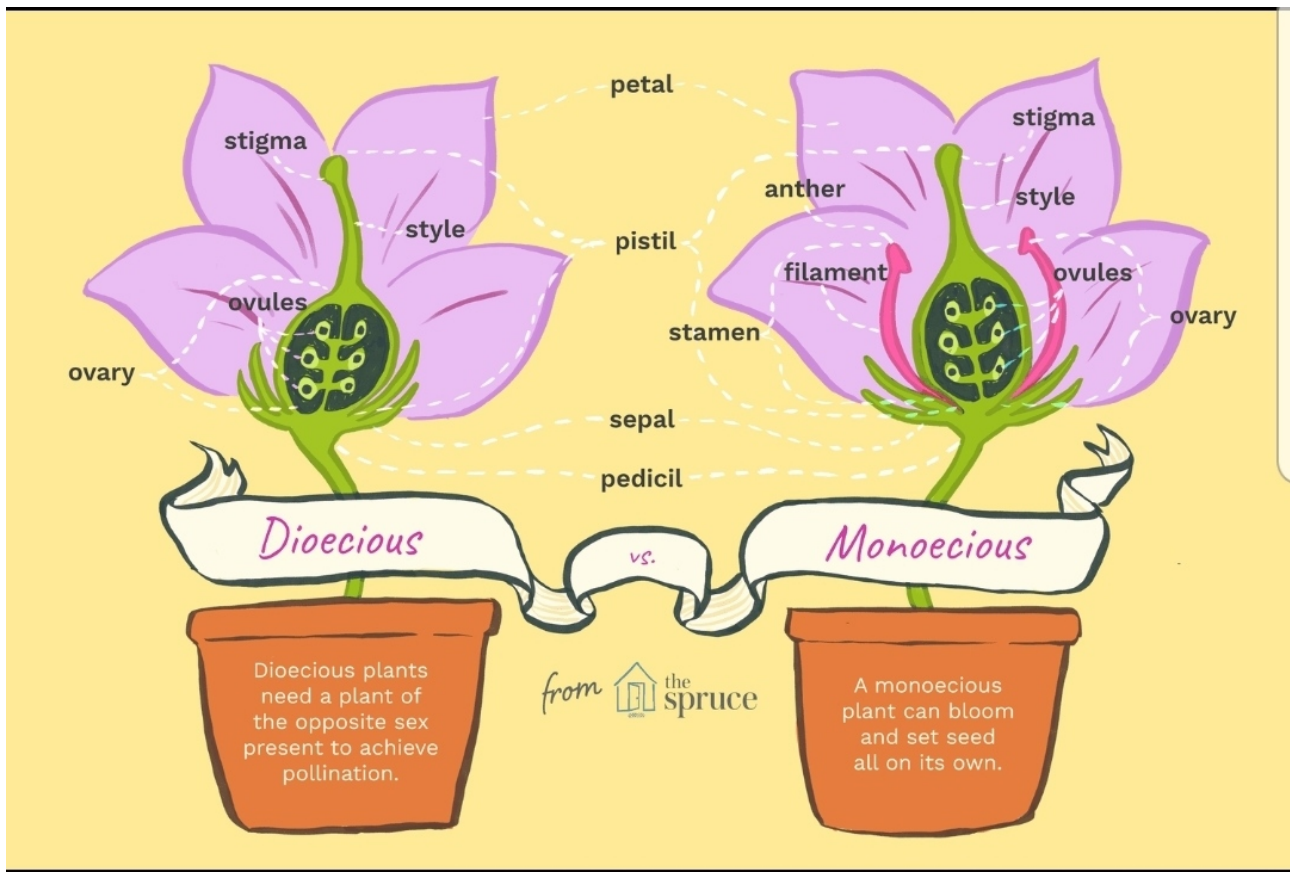
I am not sick, I am not desperate
I am not dangerous. I am not a threat

All I wish is for us to be together
All I wish is to offer you my sweater
Out in the rain, about to see the arts
From all fantastic people. The truly smart's

Whom whip up creation which light up the world
Just like when I saw you! My heart flipped and twirled
So my mission is simply yet advanced like no other
Emotional compass with spiritual rudder

I aim towards you in my fantasy of bliss
Discarding all doubt or else I will miss..
To see you for real standing close beside me
Heaven sent gift as I made myself free

But you have a choice, your own love has a voice
If it's not meant to be I can always rejoice
Yet I desire to share my life with you beautiful lovely
The Universe tells me we are meant to be



I believe the masculine is on the left and the feminine is the one the right just like in nature. Just like the hemispheres of the human brain. Men are not weaker. But face different challenge. As to get in touch with what they desire the most. Which is coming to the realization of what that is. We can be stigmatized in self perception. We can carry negative karma we have to deal with. But it's the job of the man (the masculine) as to get in working order for the most loving result. And that is not about performance. This is all about his own honest and truthful self perception. We all have different styles..

But we all seek the same thing.
Which isn't a thing.

It's love.
As much as possible.

Which comes as the result from the man doing right for himself in relation to love unconditionally regarding his karma and destiny which is a challenge based on sensitivity. And comes to fruition/blossoming. When the timing is perfect. All in relation to planetary positioning. And his own self perception.

Anything I do..
I do it for you.

I take from the poor and convert it inside.
I do it in the hood.

But I'm more like Wayne as I enterprise.

So I am the prince..

Of griefs.

Now happy to meet you!

As I did my job.



ALLERGIES

Corruption.

Every human being existing is living as a soul being having a human experience. Which is a dream being of emotional perception. Which can be true or false in nature to itself. Not ever completely. But more or less. So in nuance. Which makes this human being which is the body for or against itself. If it is against itself it is not in harmony with its true nature which isn't material as in physical. It means that this human being is false in perceived self perception identified as the rational structure of personality instead of spirit, soul, love. And this is the foundation of universal perfection which cannot have any disease or ever be against itself as pure love is eternal. So all types of allergies are naturally a part of what the system cannot handle in relation to internal conflict which stems from corruption given false identification. This is of course a part of karma and can be sorted making the experience of living with a harmonious system more effortless when all take care and identify themselves correctly. When we do we will be able to consume whatever we please. And further more we will not create products for consumption which is unnatural and hazardous for our own survival just to make money as this is a product of a selfish destructive Ego identified. Which is all about distance. The products are created in a distance. The producer and consumer are not in contact and thus not experiencing the destructive consequences intimately. But the distance about all that is really an illusion and a trick played by light and reflection just like everything else. So the primary distance is within both the producer and consumer as they are distant from their true selves. Not identifying correctly. And so they produce and consume to fill a need. Both are for satisfaction. The producers satisfaction is for money. The consumers satisfaction is for love. And this is a play of fear. Fear creates destruction. And this is fear of true self. Which inevitable becomes an identification of Ego instead of soul. And also the body instead of knowing what love is. We are supposed to live in love and listen to our hearts. But the producer listens to its mind. And the consumer listens to its body. What is needed for both is starvation. The producer needs to become broke. And the consumer needs to brake. And from this position have another emotional look as they ask the heart how they can do things differently from now on as to feel satisfied more deeply and still both produce and consume. I have worked as a chef for 16 years. During some dinners I have received a list for special diet requests regarding one specific individual which had about 30 different allergies. I tried hard to make something to eat as to satisfy this guest. I did something which I cannot remember what it was with root celery. And she went into chock and was taken to the hospital to be treated. Root celery is surely now added to that list. This is not natural. They have not been given a broken body. But we make shit for ourselves. And we identify incorrectly as we do not acknowledge soul as the core of our being without separation. Which makes us choose poorly in relation to what we think or currently feel is of satisfaction. It is better to drink only water for 1 week than to eat processed shitty food. It is better to eat chickpeas soaked in water and then boiled rather than being canned ones. It's not difficult. And it helps to make the experience of eating better as it simple has a better texture and taste. If you've been without food living under stress for a longer period of time you will have to learn how to save your energy. And you truly feel how empty "food" without nutrition is as you eat it. It doesn't do anything for you. As in positively I mean. It can have a

homogenous taste of something but hazardous to your body. Perhaps one of the greatest pleasures in life is eating. For me. And cooking. I love food! If we stopped eating food I don't see the point?

Lovely wonderful food!

Which is not just something we get down there as to do a bunch of other meaningless things. And we communicate to the universe continuously as to receive more of what we desire. Truly desire. So when we eat crap and just fill our stomachs we are out of control. The control from the inside out is all about emotional control. To be able to calm the body and be the compassionate leader inside. From this we don't fall for cheap tricks designed to satisfy our tastebuds but nothing else. I love candy and stuff too. Who doesn't? But have you ever tried this. Take 3-4 pieces of candy and when you chewed on them for a while as to taste them spit them out and throw them away. What good do they really do in the stomach? Nothing. All you're after is the taste. Which is all about saturation. And saturation can be reset from a period of distance. Not consuming. If you do not eat any processed candy or bakery for a month and then eat a nice pear. It will taste like candy. If you do not drink any sodas or any sweetened drink for a month and then drink some tea with honey in it. You might feel that 2 spoons of honey was a bit much. Compared to a soda which is like a can full of honey with a little water in it. We don't actually need as much food as we think. What sorts everything in life is feeling. Feeling OK. Feeling good enough. You might dismiss that as something simple and silly. But to feel good about yourself is harmonious. And if you mistreat yourself a lot you do not feel this way effortlessly. And from that incorrect position you both produce and consume unhealthy. If you are full of fear you are tensed. Which makes you full of worry. And the system will interpret almost everything as a threat. All from you not being true. You might tell the truth about everything and never lie. But are you affirming yourself correctly by perfect unconditional love which you is? If not? You lie. As you are not affirmative naturally given your true nature. Life is not tricky. Life is simple. We just make it respiratory eventually. And it's all about one single relationship. The one you have with yourself. True self. Or not. So the unhealthy consumption is also movies. Music. Clothes. Choice of transportation. Friends. Lovers. Everything. All from the false self perception or true. So if society seems incorrect and out of balance? Is a product for the consumer. Which is perhaps both of you. When you look in the mirror of love.

Which never lies.

There is no-one to blame. There are no excuses. Everything undesirable in this life experience is what we are allowed to kill. Because it is against us. So how we do this is not burning down the factory. But we choke it in energy investment. And it dies. This is how you kill anything. Because all is energy. These companies can still make a lot of money. If they change. For the better. No problem. They sure enough got the funds for it. And this is the kind of thing that could make me disappear all of a sudden. Vanish from the face of the earth. Just for saying this. Which is corruption deluxe clear to see. Which is all because of the foundation of creation. Chosen to be false from the beginning as to kill human being only to make a profit. Which is not lovely and contributing at all.

You don't need medicine or lotions. All you need is love. When you connect with love as much as possible you connect with self. And self restores and fixes everything. Like your economy as your own self worth becomes reflected from your projection and thus allows for another type of consumption perhaps more expensive but fits perfectly in relation to your loving relationship with yourself. A very allergic kid.. Is a kid full of fear. Tensed and worried. Help them with that. And everything else will follow. If you wanna help them. Firstly help yourself. Or else the tense up more

as they are closer to truth not yet as corrupted as you. And will naturally not listen to a liar leading them with guidance they do not practice themselves. I have one allergy. And that's the lie. The lie makes me sick. And I do not respond fantastic to Habaneros. It's too strong. For someone as sensitive as myself. Empty calories makes my life worse than just consuming water. That says a lot.

If I have a dream to share my life with the woman of my dreams. But I share that dream with my other dream which is practically just as important. And that is to eat wonderful healthy food. And enjoy some fine bakery. There is nothing wrong with ice cream and stuff. But you need to give yourself what you need. And enjoy that. Which is enjoying yourself as you consume. Everything is a virtual reality but the third dimension has laws. And to devote our minds to be trained strong enough to be able to drink gasoline without trouble is very unnecessary. So where do you draw the line. And how often.

Nicotine for instance is way worse than heroin. When you come closer to true self. If you do not deal with karma and actual issues heroin becomes a part of life. Perhaps. It has much more severe withdrawal symptoms as physical pain and such. But isn't even close to a choice as you come closer to yourself. The closer you come the harder it is to affirm yourself before you finally become. Realized as in officially from all the hard work. So life is like hanging on a very thin thread which cannot be stressed even the slightest. Heroin or alcohol or anything else like this is not even existing in the picture at this point. What makes it such a delicate balancing act is being this aware.

So real. So close.. Happening very soon.

The dream is becoming. And that means I am. So what I need to do as of now is to find peace and harmony regardless of anything. About to become world famous seemingly overnight. From seemingly nothing. Appear from the dark giving the most light. As true as possible in a world full of lies. It's not a small thing. It has actually never been done before like this. It has never been done before. In relation to people with rash judgement I might be in trouble. So this is why I have created everything as cute and beautiful as I could. Not offensive. Just real. Not only on purpose just for this reason?.. No. I love it. I create like this. Because what you see is me. As open and real as I can be without being intimate about unnecessary things. I cannot be allergic to my own purpose and destiny. I cannot fear it. I have given it my all. And fruition is just about to happen. I don't believe in negative creation. I know that all is attraction. And know that God and the entire universe celebrates me. For I did the best job anyone could ever do.

If you ask me how I know everything I know? My answer is that I have experience of pain and loss in relation to light and gain. And I communicate with God, True self, Self. Inner being. Like no illusion at all. Because I know that true is real. And God, Self. Is as real as it gets. The guidance the teaching come to me as I wonder. Not from me judging. I wonder. And I ask. And I have developed such a great relationship with my intuition which is the language of soul that I receive what I ask.

What I wish will happen I do not wonder. I do not ask. I tell soul. I do not command in control. I inform in joy with positive affirmation. And I change and transform as I become. But I still wish.. Like tonight. Thursday, February 13th - 00:22. I can say before I go to sleep.. Dear God I wish this will not take so long. I would really like to meet her soon. Honeybun. And I would also like to eat something wonderful and receive money so that I can cook healthy. And also give some to Lisbeth.

Be humble. Feel gratitude. Do what is necessary. And all is given. Keep the faith. Be true. / Leo

No Return On Shared Investment

Some people do not dream at all. Some people live their lives completely material. The physical world is all they see and nothing else. These people might talk about soul like something they've heard of and claim to believe it just because many people talk about it. But everything in this human experience is about personal connection to pure awareness within yourself as to truly feel your true nature for yourself. So all that you affirm and impress your subconscious mind with in relation to creation and destiny will come true. The universe simply gives you all as this is natural. **But people of doubt. Non believers.** Are people that you need to be very careful with as in what you decide to share with them. You see everything is about jealousy or inspiration. And if they aren't pursuing their destiny and not creating anything day by day they will not be inspired. They live a safe and secure material life by choice and therefor not devoted to love. So whatever you share with them is more or less a black whole which consumes energy. Because everything is energy. All what you have created and believe in is energy. All you ever wish for is energy. What makes your dream come true is energy. The universe and everything in it is created from and by non-conceptual & unconditional energy we call love. Light. But doubt is fear. Dark. So light gives. Inspiration. Darkness takes. Fear. And even though you might be friends? Even though you might be family? You never know just how much somebody doubts themselves. Doubt their true nature. And also how much negative energy they carry in relation to karma not dealt with because people are sometimes very good actors. And so when you share visions and signs. When you share all about who you are and details of your destiny. Then this in relation to someone with doubt being all jealous and not inspired? Becomes drainage. Depletion. Power consumption. I shared a lot with somebody last night. And after this I felt sick. My body was full of pain. And during the night I received divine guidance as this persons dog (in the dream) stayed in my apartment during the night as my power was shut off completely. That's a very dark person. Whom until my dream comes true is someone I simply cannot spend time with. I do not believe this person is evil and guilty of crime. But I believe this person has a history of very negative energy which she does not take care of in fear. And this can be from someone doing very dark deeds going way back which becomes this family's curse and hex. This consumes as it feeds on light. A demon from demonic behavior held in the shades from generation to generation. It can be brought to the light and destroyed as in set free. But that requires belief in soul, God, Love. And a relationship asking to get rid of it and what to do in all humility. Just like with everything else. Instead of living in darkness consuming instead of contributing. Giving instead of turning off power. The power of love.

The way I see this today right now as I am writing this is with a bit of cosmic humour. Because this was a part of the story. The story of love. And experiences like this are always one and the same thing despite how they play out. And they are test of faith. How fast can you regain that positive energy and return to feeling sure about your dream coming true? How fast can you affirm yourself as in who you are becoming? And also perhaps learn to not again talk about everything to a mirror with hardly no reflection. We are soul beings. Beings of light. If someone does not affirm that in their human experience they will inevitably be more of the opposite force which the universe is all about. Darkness. I am not just anyone. I am the one the one. That's a lot of light. It's the most light of all. Actually. So what a person far from true self feels as they talk to me is fear. What this fear is all about is fear of their own true self. As they are so contradictory in relation to themselves as true. And being identified with their rational thinking mind they look at me like I'm a bit crazy and dismiss all of who I am. Even though they might have shared a lot about who I am. Because they simply do not believe. So it's not as much in me as a person. They simply do not believe in love. As they feel it so very little inside themselves all alone. And this is the true definition of a non-believer. Mostly logic. Not any magic. Can't see signs. When they do they don't believe them or simply miss them all together. Life is all about walls and boxes. Life is all about thinking and not feeling.. All in fear of realizing themselves. Making this about me in this engagement. So what I share? Is liquid gold. Which they eventually will understand and come to realize. As I am world famous. As I am famous in the entire universe. And also celebrated! So when the time comes. Their minds will be blown. And all of what I have shared will come to their experience. So the important thing for me! Is to not make anything going on with them about me....

At all. I need to affirm and convince myself of the reality of it all just like I am as I write about it like this. So I free myself as I do this as of right now. I confirm this doubt to be someone else's and not my own. This drainage and depletion making me dream like I did and wake up not feeling so absolutely sure like I did the previous 2 days before this social interaction is not to be affirm by any confirmation at all as doubt in myself. This was them. 100%. Which tried to bring me down. But I am in control. And I see what is what. So I gently smile and say thank you. Thank you for this test of faith as I am right now walking a tightrope in need of balance. And I cannot engage in any more social interactions with anyone other than functional and very superficial. Until my dream is official in the world. I know my dream to be true. I know what I have created. I know God as I am. The visions and the promise is real. The realest. Everything is happening. All I need is to rest assured. And keep my love.. What happens today is me affirming everything positive like always. Just from a point of being knocked down a bit. But I get up again! You're never gonna keep me down. No lager. No whiskey. Just love. /Leo

SO WHAT IS THE DIFFERENCE THEN AND NOW?

..When it comes to alignment previously and now?

Well. There really is no difference. It's the same thing all the time. Faith is faith. But as you become more of what you create yourself to be in relation to your destiny you get closer and closer to everything becoming a reality. And you feel this. Where I am right now is just like I can almost touch it. I can almost taste it. I feel like it's already happening in my experience. So these tests of faith are all in relation to the dream coming true. The actual manifestation. And it's easy to dream about anything and get lost in the fantasy. But when it also becomes a reality and you feel this it all becomes a bit like the crest going up on a rollercoaster. Like the pivot before a bungee jump. The very short period of time sitting in a circus cannon right before some just said 1 which means you soon fly out. And all of this can be a bit intimidating. Because it's so unfamiliar. What makes you return to faith is joyful expectancy. Positive joyful expectancy is what makes everything happen. Or else it won't out of love. Because God, Soul, Source, True Self, Self, Inner Being. Is not ever harmful and destructive. It's all love. So it will stop the rollercoaster and it comes down again right before that crest. It says OK and it's fine as you wish to come down not going thru with that bungee jump. But as that intergalactic guidance has counted 3,2,1.. And there's a bit of silence of crazy fun about to happen as you've trained yourself for this you will now blast off! Yes like the song. And fly around the world! Because there are people that fear you. That fear themselves. But that is a very very small percentage compared to the people that would cut off their hand for 5 minutes of your understanding. Not expertise. I am not sure I like that so much. Understanding is better. Because it does not create any hold on any idea. Still open yet knowledgable. Universally free. To be shared. So back to then and now! I have been here before but never so close to actual manifestation. So I am, as I am sitting in my couch in this apartment. Inside the cannon and I have recently heard 3. And 2. And 1.. So now I am simply waiting without helmet! To travel the world. The blast is like a force so strong it will keep me orbiting for a while I guess. So what is faith? Really? Well. It's all about reflection and God is all knowing. What you seek is to mimic God. So faith is knowing. And knowing in relation to positive energy is unquestionable. Completely. Like not even having any knowledge whatsoever about the nature of any form at all like a question would be. It's blind faith. Yet not dark. A bit of a paradox. Like everything is. As sure as a white

piece of paper. As sure as the sun is shining. As sure as the continuation of the entire universe. An exercise I starting doing this week is to also affirm myself to be famous in the entire universe. Which is also true. But the thing about that is that it all of a sudden makes for being famous in the whole wide world.. Like being famous on one single marble inside a bag of 8 that together fit inside your hand. Because everything is all about perception. And what you need as to perceive making things easier for yourself is given as you ask for it. So I one sense I have received the same thing from the very first word of my book 'Can you see the colors' and I receive now. It just depends on where I am in my creative journey. And fits perfectly as to accommodate in relation to manifestation. I just took a look at the time. The computer shows 10:33 on February 13th. That's no coincidence. Nothing is. So can you see why all of this works they way it does for me? I ask all of you this now. The entire class when writing their individual answers placing them in a hat for me to read should be one unified exactly the same answer. I make belief. I am the creator. And as I wrote about the universe making it easier for me as I ask for guidance I just so happening to look at the time just then. All and all it's about allowing yourself to be played. Not for a complete fool but closely. Trusting the winds of change. Which cannot happen in passive worry. The feeling needs to be like bloom. The rose is not afraid to blossom. It's anticipating its own bloom. In love. Not worried about its true nature. Not even aware of what that is. What is worry? Says the Rose. I do not even know what worry is and I am incapable of learning what it is. Yet I love my fellow roses and everything else in this world because I am love. That's very loving. I had a guy in my neighborhood over one afternoon a few days ago. And I don't really know him. He's only been in this apartment twice. And I just had to tell him! So I told him that I love him like a mother. And this strong feeling I had was not be being in love with him. Like anything romantic. I simply felt that he needed to hear that. From not living his true nature. It ended with him leaving saying he's not gay and texted me telling me to never message him again. And that's very unfortunate and material. Very fearful masculinity. I even explained specifically this had no sex incorporated. I told him I love him like a mother. But that's the game when you don't separate sex from love completely. The rose is all faith in itself. It simply becomes. Over and over. In different ways from the previous way. It's very similar but not exactly the same. And this is also what you and I become every time we start over. As we have ourselves a human experience again. And each time we get the option to blossom. As much as possible. Becoming more of what we truly is. Which is pure non.conceptual & unconditional love. I have mentioned this several times now. In text. In music. In video. Because it's the core of everything. And needs to be affirm everyday. Sometimes with support from a creation like this right here. As to feel good and excited about getting blasted out of an intergalactic cannon. Feeling great actually. Not thinking about yourself that much but still focusing on the message and what a wonderful source of true inspiration you will become. That will make the world more alive and loving to honestly enjoy and most importantly will be fun for the kids. So they don't have to die a little bit each day. Becoming what they ain't. At the cost of adults making the world grey and serious all about economy afraid to be real. That's a sucker deal. Don't run away from what you truly feel. Lead with example. Be love. Love love. All love. / Leo