

*Inspired by Fred Rogers*



*This is how I Feel*



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*A Dream Come True Foundation*

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# *This is how I feel*

All misfortune and disease is a result of a neglected self love.

What becomes a debit or a credit is an absolute reflection of our projection. Our projection is our current perception that stems from our subconscious general statement of either a negative or a positive self image.

It's a conviction as in convinced of either defeat or success.

What is truly an exceptional life worth living is a feeling of appreciating and self worth which naturally becomes the reflection stemming from that projection.

Holding on to the past will not enable receiving the future.

Time will pass but you will inevitable stand firm.

You will not experience that much difference.

So what is needed is a greater understanding of what makes you hold on. What personal responsibility lies in that and set yourself free. What we embrace is change. Without it there can be no transformation. Without transformation there cannot be anything new.

New and better is not synonymous with old and bad. There is no reason to make that comparison. It's better to feel better and focus on the development and what we've become which made it all great.

The need is always what stems from neglect.

So all addiction can be understood and dismantled from letting go of the past and giving oneself love and acknowledgement. To affirm oneself in loving support is the only way to become independently healthy.

Independence is freedom.

And freedom is what we long for the most.

To live free and in love.

Imagine what a wonderful show this would be! And do you know what makes all great communication work the best? When the heart is in on everything. That means to keep things simple and calm. Because we are not using our CPU to understand emotions. We are feeling them with our heart. The emotional processing. So fast graphics and technical explanation in a small amount of time becomes pretty useless when learning about being a better human being. To become a better human being one needs to understand themselves in relation to all experiences. What better way than to understand that from the core without any attachments. Just universal knowledge and a solid foundation of the eternal laws that govern everything that exists.

And to put that in various contexts that present everyday life and how we project everything which becomes destructive or constructive based upon what we carry and take responsibility for. How humane we are in relation to ourselves and become in relation to each other.

When we change the way we look at something. What we look at changes. That's all perception. So if we change the way we look at ourselves from within we will naturally appreciate and love ourselves more and thus give that to others as they are not the source of acknowledging us. We learn to do that ourselves but being appreciated externally becomes a lovely bonus.

Life is supposed to be a bonus system. We are supposed to feel rich for being alive and who we are. And everything else becomes a very loving bonus. To be in love within yourself in gratitude becomes a life so grateful for everything and everyone else.

How many episodes and seasons are necessary? Why not run this forever? Why not acknowledge yourself and give yourself credit all the time? And why not find forgiveness and let go of the past in order to receive all the new which the future holds. Why not make this into something that runs forever? And why not make that as free and open as it possibly can, as to reach as many as possible without fear of being indoctrinated in some form of ideology.

It's all energy and all love. All free. All God. We cannot blame the pyramid as our house collapses despite the sturdy construction when we've built in on top of it. It becomes a life full of maintaining something false in relation to a true foundation. Honesty is the key. The truth sets us free. Which cannot happen all in judgement. So the first step is to become humble and say that we are in need of guidance. As we wish to learn more about what love is, to make life as loving as possible.

A family show that makes things as clear and as simple as possible.

All in a peaceful setting and in a nonjudgemental atmosphere with guests of honor that are brave enough to share their life experiences with the ambition to understand and grow. For themselves and for others.

The show might look like a setup initially.

And that is correct.

Because the setting has been wrong for some time now.

So we need to enter the setup. And make some adjustments so the contrast and focus becomes a true representation of how we desire to feel and experience life.

It's all a show. It's all a game.

Of love. And that's what we need to bring.

*So let's learn what that is!*

/ Leo Rosenblad - Visionary Dreamer & Loving Human Being

The best thing about sharing how you feel in all your experience is that it prevents destructive consequences. Because you do not let the darkness build up inside you. A reflection of guilt in society is a big collected guilt inside all of us.

So the best thing for a free world is to teach the next generation how to get rid of resistance before it gets sticky. But also not to create as much to begin with.

To live free!