

True Reflections

I have a wish that at Gunneruds Herrgård we'll have gatherings where I invite human beings that gets a moment in the spotlight in front of an audience to share their life experience. And the focus on that gathering is all about truth and interaction in accordance to universal law. We do this for the individual to understand themselves and their own life experience to grow but also what will ripple and make change in the audience members as they inevitably will reflect on their own life. It's a matter of bravery and sharing the voice of the heart as this will become the most authentic and open way to share life as it is and why things happen the way they do. My wish is as these brave human beings share their story in conjunction with a compassionate & nonjudgmental attitude more people perhaps in the audience will come forth and be brave enough to heal themselves as this will help to heal others. Expression is the key to understanding as we make rational judgements about everything keeping locked inside. So with my guidance we can learn to see things for what they are and thus become free inside.

A mutual understanding when attending these gatherings is sworn secrecy. We are not there to find something to gossip about and ridicule anyone for anything they've done or experienced in relation to anybody else. We are sensitive human beings and opening up in front of other human beings is not to be taken lightly.

The main goal is to eliminate the stigma of the alleged perfection in behavior conductivity. To make it clear and understood why we do things the way we do them and that all of these actions are a part of coming to a greater emotional growth and expansion of our own and others life's journey.

We always focus on freedom which is freedom of the judgements we carry inside ourselves and this is something that can only happen when we attend and participate for this reason exclusively. As we go thru the pain we come out stronger and that means to not hold on to anything but to release ourselves from the mental imprisonment of our of rational and judgemental mind.

Anyone who is brave enough to take the stage shall and will be rewarded greatly as a healer of themselves and the human race as we are all a collective together in cosmic energy. We are one big family of soul. We are a soul family. And the personal karma is forever connected to the karma of the entire human race.

To take part and to embrace another human beings journey in an open and loving space is the most beautiful act a human being can do as we in that choice of behavior rid ourselves of the Ego and stay inside our hearts as much as possible.

Everything destructive is a misunderstanding handles in great pressure and frustration. What we fail to acknowledge in truth makes for attachments tormenting us within that ripples in every social interaction with others. So when we seek to find the meaning in why things happen and what our personal responsibility is in all of that we become humble.

When we become humble we find release and thus find gratitude in everything, even in what initially was perceived as punishment.

As we do this we're not only becoming free as individuals but also becoming free as a collect and as a family. There is nothing to be ashamed of when it comes to acting in the misconception of what we thought was right. But to make things right we have to recognize the true nature of all kinds of acting which particularly all destructive actions need to dismantle the sorrow and anger keeping us traumatized and thus convicted as victims.

No human being is meant to live as a slave in society.

But the truth of slavery is one of the rational mind within each individual which becomes manifested in their physical reality. As we learn together about what manifestation is and how everything begins with intention along with subconscious convictions and perceptions we can see the natural order of how things come to be which all stems from energy.

To make this something great is the regular & normal human being being in focus while guided by a greater understanding and wisdom from a life's journey currently more unfolded. It's not about who is better in relation to anyone but just to be humble and learn from each other and grow together. With that said there is so much more that I can learn from leading these reflections with my experience just as they learn from me.

Nobody is ever finished and can sit in the high chair of all knowing. We are all equal and humble in relation to each other and the goal is to grow and not to ever compete against each other. We are not in competition. We all want a world of love. We all want to get closer. We all want freedom and we all want to relax and feel comfortable as human beings. Mistakes, scars, misunderstandings and all.

Every participant must sign the document 'Clear Intention' before attending.

They show this to none other than themselves and God.

As all is energy and as all is connected they will suffer their own pain in going against their own word.

What is mature is what is emotionally understood? It's what compassion and love is all about. So when you break that promise you will personally break, from the inside out.

That's a promise.

What makes us perceive someone as beautiful is from this human beings own making. They make themselves beautiful as they wish to be in love with themselves. To feel love in relation to themselves. For themselves and also for others. That has primarily nothing to do with anything physical.

The physical is forever secondary to the forever primary spiritual.

= A loving & beautiful human being, Home is where the heart is

I do not wish and cannot tell anybody about how they experience anything. But I would like to get permission to intervene when I feel that judgement is preventing unfolding. And from that we can aim to unravel what ever is blocking the flow of life to flourish even more. Nobody wins. But still. Both succeed.

/ Leo & The Soul Family