

POSITIVE



WORLD
DOMINATION

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What is the reason behind a life, that is going in the wrong direction?

What makes you become all alone? What makes you lose personal items? What makes you lose your money? What makes you live without anything to eat? What makes you struggle so much in life?

Self Sabotage
Plain and simple

You are creating this. You are telling the universe and God that this is what you want more of. And that is all from being ungrateful for what you have. But it can also be from living a life that you do not want. Either way you feel ungrateful.

So you gotta loose. And you gotta loose big. Or else you won't get it.

So what is there to get? What are you not understanding which is so important?

That you gotta be grateful right where you are.

Some might say that this is impossible given particular circumstances. But circumstances don't matter. What matters is you. You need to feel grateful for yourself. You can feel grateful for having a refrigerator and a roof over your head. But that's not the core foundation of living a good life. That refrigerator might become old compared to a new flashy model and that apartment might become boring and you wish to live somewhere more extravagant. But those are all material objects that satisfy you as long as they serve the purpose in relation to how you actually feel about yourself. To constantly be in need of new things should be a notification that you lack something within yourself. What makes you loose everything down to the food you have to eat is your lack of self appreciation. It's you lack of self-love. You aren't feeling grateful for who you are and that is a subconscious conviction of low to no self-worth. And this can be turned around at anytime in your life. As you make peace within you regarding convictions that speak against you and start to affirm what is true and loving about yourself. But it will go away really fast again when you take that for granted. Love needs to be acknowledged and you are love. So you can't take anything about yourself for granted. When you do and keep doing that you'll loose it all again. Can you see

how you are the one doing all of this to yourself? From a subconscious conviction that is a general feeling of unworthiness.

We are given so much in our upbringing despite being ungrateful and so we learn that we can behave in anyway we like and still get food, clothes, stuff and a roof above our heads. And that's a problem. We might even be raised in negative conditions that gives us all of this despite our ungrateful attitude and at the same time we get conditioned with shame and guilt around it all making us feel unworthy.

Total confusion about how life actually works in accordance to nature, to God, the Universe and to the power of all creation which is love. You can't trick that.

No SirMam..

What gives more is having more. The ones that have will receive more. That's how it works. So what are they having that some don't? Gratitude. They feel grateful for who they are and for everything they have. And so they will receive more.

That's all a reflection of their inner world. Their subconscious conviction of positivity in relation to having a life.

God will not give you a jumbo jet if you aren't grateful for having a piece of paper that enables you to fold that into a paper plane.

It starts there. And maintains there. And ends there. At right back from the beginning again.

OMG! So tough! Live is so demanding!

Well.. It becomes that when you have to struggle to feel grateful. Why you have to struggle with feeling grateful is all about your subconscious conviction of unworthiness. The more you value yourself the more you will experience naturally as you go for a good life! In all aspects. You live a healthy life that supports you feeling good. The less you value yourself the less healthy your lifestyle becomes and you honestly support habits that makes you feel bad.

Maybe they make you feel great for a moment? But that ain't sustainable. And often times they leave you feeling worse than you did before so that moment isn't great at all. It's destructive.

What you are looking for is what is constructive. What is supportive in terms of growth not decay. If you see yourself as a flower that needs sunshine and water which is all natural you add that to yourself as well. But a flower can easily be killed when you add chemicals and shade combined with draught.

You want to feel strong and make it in life. But that won't happen being nonchalant and tough on yourself. That will only satisfy the mind. What you are looking for is to satisfy your heart.

In a world of attraction give is give.

So when you give love you get love back.

For that to not be such a struggle you need to come clean. And that is all about becoming humble in relation to what you truly maintain inside yourself in regards to judgement & condemnation. And at the same time you keep stating loving affirmations over yourself.

You can do that in relation to what you do but more importantly you need to do that in relation to who you are. Which is always 100% true because you are created in the image of God which is pure love.

The story of Job in the Bible is amazing. Job had it all! A family and a farm + money etc. And then he lost it all.. After about a year I think he got everything back only double the amount that he previously had. He would never have gotten this if he did not make the choice to stay grateful and thanking God for what he had during that time of loss. Maybe the case was that he was living a life not meant for him and he had to loose it in order to receive what was meant for him? I like to think so.

You might write this off as a Biblical fairytale but if you are you are missing the point. The point is the metaphor that the story brings. And the moral guidance in all of that story is about caring for what you've got.

So you might get that refrigerator out and vacuum the dust behind it or you might constantly clean your apartment? Well that's great! You should take care of your belongings. But are you taking care of yourself?

Are you dusting off old habits and negative convictions and keeping yourself clean and healthy from the inside out?

You are the one living your life and you know exactly what you're doing or you are living a lie. Plain and simple.

I like to think of the quality of a human experience like a receipt.

If you go to the store and buy 10 items the receipt (given that it's correct now) won't lie. What you purchased is right there in black & white.

And the same goes for your own life only in full color three dimensional spectrum.

That should be evidence enough for you what you actually maintain inside yourself. And when things get out of hand and starts to head in the wrong direction you lost a bit of humility to be honest. You are taking things for granted and aren't feeling grateful for everything.

I have lost friends and family and as I write this I have no contact with my family and I have no friends to call. Some of that is because of what they carry inside themselves but a lot of it is because I have behaved in a negative fashion which has actually driven them away.

I have done this out of my own will. I don't want that to be honest. I would love to see my children. But I am sabotaging my own life telling me that I am not worthy of seeing them and that they deserve someone else as a father. That's the truth about my behavior. But it's not the truth.

The truth is that I am pushing people and opportunities away as I am working on feeling worthy for my own life. I have an Ego that tends to forget about humility and gratitude as soon as I get satisfied momentarily.

That's how I am able to write all of this. From my own experience. I know what I'm doing I'm just having issues with negative conditioning within me. And I can play the blame game all day long and say that they are mistreating me and that they don't understand me. And some of that is true. But I won't get anywhere by doing that.

So where do I wanna go then?

Well I would like to become debt free and I would like to see the world. I would also like to continue with my company I started before we got a divorce that is all about helping people understand more about the human experience. That's what I want.

Imagined if I did that not feeling grateful for who I am?

Imagined if I did that not being humble?

That would more or less make the people I meet into what I use to acknowledge myself for my own satisfaction exclusively. That's not right. That's destructive.

So I need to be able to stand on my own two feet in strength and in pride over who I am without any comparison. Just a supporting and loving guy in relation to myself that happens to understand a lot about emotions and how life actually works.

If I want to help and guide people to learn to love themselves and be grateful for who they are I need to love myself and be grateful for who I am right? Right.

We cannot give what we do not have.

And if you aren't giving yourself love and support but all self-sabotage that is what you have to offer yourself. To be in that state and give a bunch of love can be fatal.

Because you are giving away the love you've got in relation to the neglect you maintain. That is hurtful and you need to be in abundance before you start handing out anything. You need to care for yourself first and become abundant in self-love, appreciation and self-worth. Then you actually have an overflow of love to give.

Like money for instance.

Money doesn't exist. It's all energy and a reflection of worth. So what do we value most in our human experience? Well to feel. We don't want anything if we aren't feeling good. And most of us like feeling great! And when you feel great you are very appreciative and feel so much gratitude for everything in your experience.

And that will become a projection from you. You are sending that out into the universe and the universe will respond. You get what you give. Can you see that? What you give yourself in appreciation and gratitude will come back to you!

What that comes to you as might not necessarily be money. It can be a really good friend and perhaps somebody that become such close friends that you get romantic together. And that feels great! Something that really makes you feel good.

Now why did you meet that friend?

Because you were self-sabotaging so much? Or because you got a reflection of yourself in appreciation and gratitude in someone else?

Both are actually true.

Because the universe is all about attraction. And the universe is all about development. The universe is all about unfolding and supports you exactly where you are. So the one you meet is someone who's actually where you are only in their personal expression and experience.

So if you are full of self-sabotage and meet a new partner you will actually feel love and gratitude! Which is the universe telling you that this is what you should maintain and become more healthy together as you develop more and you shall receive more together!

This will become so much more powerful if you are doing things together as a team. Then all of your mutual wishes will come true even easier as you are so in love. And there it is again! Love. Being in love.

So imagine if you are being in love with yourself and meeting someone that you start something romantic with together! Wow what a power couple! Force of love!

That's what I dream of!

So I gotta get ready. I need to get ready for that. Which is also what you need to do as you wish to receive what you dream of. You can't become that when the dream manifests. It doesn't work that way. The dream won't come.

You have to prepare and get yourself together and become what you wish before it happens. Yes. Because otherwise you are expecting the mirror of love to show you a reflection based on a lie. So you gotta become true in relation to yourself.

You can tell yourself that you're all that! But are you feeling it? Honestly.

You might have created something spectacular and now wait for recognition and the universe to respond to all of your wonderful creations. But are you feeling good about what you've done and are you feeling good about yourself?

Feeling is the secret.. Well it's not exactly a secret.

It's the God given truth.

You can think your way thru life until your head explodes but if you aren't feeling it.

No go.

Because the thought and the feeling has to be congruent. They have to match.

What you dream of and how that is gonna play out is coming to you as you continue to treat yourself with appreciation and gratitude for just being you.

When you celebrate yourself despite any accomplishments other than the fact that you are living a healthy and good life right where you are.

There is no time. That's also a lie. Time is used for measuring distance.

The time is now. So what you wish for is now. And what you wish for most of all is to feel absolutely great! And as you do you'll get more of all that.

You'll connect with people and opportunities that takes you forward and not backwards. Because you are on the right track.

There are only two main emotional expressions and those are fear and love. Fear makes you go back inside and close the shades. Love makes you leave your apartment and you'll want to talk to people.

The latter makes you feel good! And you do it because you feel so good. And that's all great! So both of those will make life feel great.

Some might think that talking to other people makes you feel not so good?

Well.. Maybe you are talking to negative people then? That's not great to be honest. That makes you drain that good vibe and strong energy of positivity you've created inside yourself. What you might have worked real hard for as well.

And that is just like food or TV shows or anything that you consume.

Negative people might love to have you around if you are a free spirit all in love. But they are black holes. You can't give them a bunch of love without getting something back. What you wish is for them to give you love back.

But if they cannot do that? Well.. They gotta give you money.

I was trying to help somebody and I got her to apply for a job and seek love and I also gave her 300 dollars to take a class for creating jewelry. I thought I was really helping her but I wasn't. I was just spoiling her in the same way she's been brought up. And it left me without that money and a heart in need of refill.

She's worthy of it all of course! But she's not appreciative and grateful for it.

So I drain both my wallet and my love.

Be careful about your love. It's all you've got.

Without it you are empty and disposable.

Maintain that enough and you sabotage yourself in the most destructive way possible and you'll throw yourself away.

A suicide is often it not always something that takes time. It happens over a long period of time. From neglect of oneself. In relation to oneself.

So the final execution is merely just the finishing touch on the painting of complete darkness.

Just like the painting with spectacular colors and love can receive the finishing touch of celebration and appreciation instead.

That is all up to you. People might not see and understand what you do until you are finished and others that are like-minded and in understanding of its splendor recognize and celebrate it together with you in such admiration and appreciation.

So forget about them for now. Don't listen to people not painting at all.

What do they know?

You are an artist in whatever field you are passionate about. Keep creating and keep celebrating your own work. And eventually the world will have no choice but to recognize and celebrate you.

As you continue to believe in yourself as you feel grateful and appreciative for just being you.

You gotta believe all the way. Or else it won't work out.

Because you are the source of which the universe will reflect it all back.

So keep stating your success. Keep dreaming of things to come.

And when the time is right you'll take the world in a storm of love.

God believes in you. Love believes in you. Nature believes in you.

They are all the same. They are all on the same team.

So be a team player. Going in the right direction.

In the game of love.

/ I love you, Leo Rosenblad

transmutation.se - My Dream

Isn't she lovely

To have someone with you, that wants to share it all
All that's inside your heart and not just a booty call

That is truly a treasure, you cannot get more rich
Why even think about, ever making a switch

Cherish this like diamonds, cherish this like gold
Cherish this forever until you both get old

People strive for fame, for glory and for themself
To attain a big ass trophy, to place upon the shelf

That is always second to the love that holds your hand
For what is a shiny trophy walking solo cross the land

For me she is the grand price, the trophy and recognition
She's the greatest winning in all of my life's mission

For when we are together, and live in faith and trust
Everything's more easy, not so demanding not a must

The reason for me is living, and that is not without love
So love I gotta feel inside myself to get closer to my dove

What we wish is both the same, to help out in the game
The game of love, the game of God, that's what we call fame

Isn't she lovely standing there wanting to hold me tight
Isn't I lovely standing there wanting to make it all right

What a team! What a Dream! Oh my God I thank you!
Now that I am holding hands, together with my boo

Please make my wish come true, I'll continue to do
All of which is about love, all of what is about you

I am someone who listens and wants, for all to come together
I do all this inside myself, beneath my biological leather

I wish to stop the wars and teach how life's about the inside out
I wish for people to live with God, in faith and not in doubt

To be inspired and to pray and connect to the all loving source
And give up a piece of technology, all code just like morse

We don't have to dig deeper in the digits behind
What we need is to love and to be kind

To treat yourself and not to cheat yourself
To live in honesty & truth

To become role models for a better world
And lead the precious youth

I believe this day will come when we see all for what it is
I can see us letting go of religion, and that we'll never miss

We need a mutual foundation to make us strong and unite
To understand that it's all energy, no competition and no fight

We are the same both you and I at the core of who we is
No distance and no personality, just absolute bliss

If we make the choice today, to celebrate who we truly are
We can live in peace and love, we can mend the biggest scar

Of guilt and shame that we've created all living in fear
To surrender to our source of love that loves us all so dear

And we begin to cooperate and treasure paradise
That we live in together everyday, but isn't treating very nice

/ Leo